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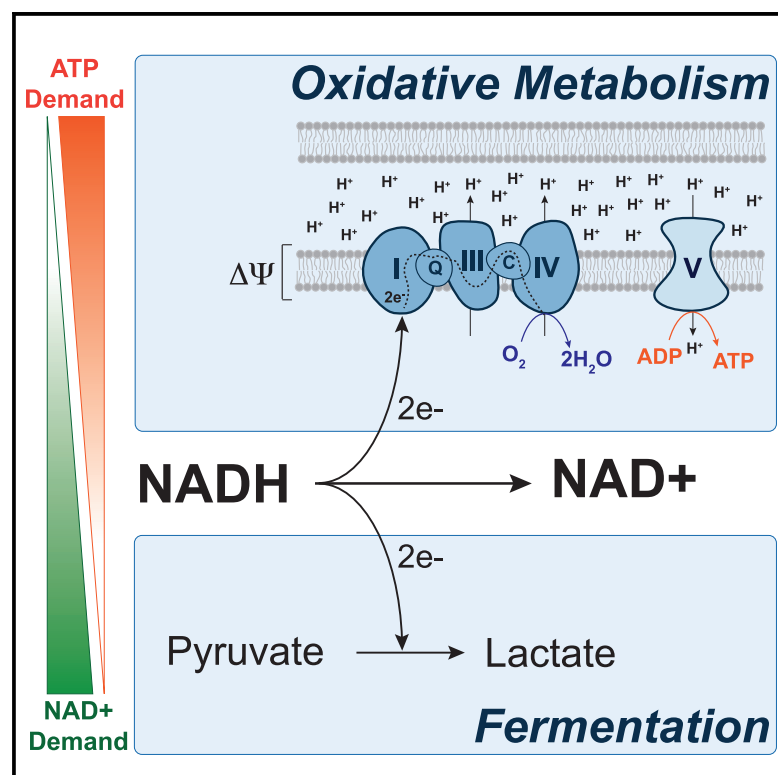
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# Increased demand for $\text{NAD}^+$ relative to ATP drives aerobic glycolysis

## Graphical Abstract



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## In Brief

Aerobic glycolysis is associated with proliferation in many biological contexts, yet what drives this phenotype has not been fully explained. Luengo et al. show that cells engage in aerobic glycolysis when the demand for  $\text{NAD}^+$  exceeds the demand for ATP, which leads to impaired  $\text{NAD}^+$  regeneration by mitochondrial respiration.

## Highlights

- PDH activation suppresses cell proliferation by reducing the  $\text{NAD}^+/\text{NADH}$  ratio
- Insufficient ATP demand slows mitochondria  $\text{NAD}^+$  regeneration in proliferating cells
- Uncoupling mitochondrial respiration from ATP synthesis can increase proliferation
- Aerobic glycolysis reflects increased cell demand for  $\text{NAD}^+$  relative to ATP turnover



## Article

# Increased demand for NAD<sup>+</sup> relative to ATP drives aerobic glycolysis

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## SUMMARY

Aerobic glycolysis, or preferential fermentation of glucose-derived pyruvate to lactate despite available oxygen, is associated with proliferation across many organisms and conditions. To better understand that association, we examined the metabolic consequence of activating the pyruvate dehydrogenase complex (PDH) to increase pyruvate oxidation at the expense of fermentation. We find that increasing PDH activity impairs cell proliferation by reducing the NAD<sup>+</sup>/NADH ratio. This change in NAD<sup>+</sup>/NADH is caused by increased mitochondrial membrane potential that impairs mitochondrial electron transport and NAD<sup>+</sup> regeneration. Uncoupling respiration from ATP synthesis or increasing ATP hydrolysis restores NAD<sup>+</sup>/NADH homeostasis and proliferation even when glucose oxidation is increased. These data suggest that when demand for NAD<sup>+</sup> to support oxidation reactions exceeds the rate of ATP turnover in cells, NAD<sup>+</sup> regeneration by mitochondrial respiration becomes constrained, promoting fermentation, despite available oxygen. This argues that cells engage in aerobic glycolysis when the demand for NAD<sup>+</sup> is in excess of the demand for ATP.

## INTRODUCTION

Cell growth and division impose increased energetic and biosynthetic demands, and thus, proliferating cells exhibit a distinct metabolism relative to non-proliferating cells. Under aerobic conditions, most cells reduce oxygen to water via respiration to support the oxidation reactions used to derive energy from nutrients. When oxygen is limiting, cells instead ferment carbohydrates to generate a waste product, such as lactate or ethanol, as an alternative, less carbon efficient way to derive energy from nutrients. However, some cells, including many rapidly proliferating cells, exhibit high rates of fermentation, even when oxygen is abundant, a metabolic phenotype known as aerobic glycolysis. Aerobic glycolysis has been associated with tumors (Koppenol et al., 2011; Warburg, 1924, 1956), but this phenotype is not unique to cancer. Aerobic glycolysis is exhibited by some proliferating microorganisms, including species of yeast and

bacteria, and many proliferating non-transformed mammalian cells, including lymphocytes and fibroblasts (Brand et al., 1986; Hume et al., 1978; Lemoigne et al., 1954; Munyon and Merchant, 1959; Wang et al., 1976). Select non-proliferative cells, such as pigmented epithelial cells of the mammalian retina, also engage in aerobic glycolysis (Chinchore et al., 2017; Krebs, 1927). Despite being a phenotype found in many different cells and organisms, what drives aerobic glycolysis and why it is associated with proliferation has never been fully explained (Liberti and Locasale, 2016).

Aerobic glycolysis produces less ATP per mole of glucose than does complete glucose oxidation to CO<sub>2</sub>, raising the question of why some cells engage in a metabolic program that is less efficient with respect to ATP generation (Koppenol et al., 2011; Liberti and Locasale, 2016; Vander Heiden et al., 2009). This paradox is particularly apparent in cancer and led to the hypothesis that tumors have defects in mitochondrial respiration



(Warburg, 1956). Others have suggested that this phenotype is caused by tumor-associated hypoxia (Gatenby and Gillies, 2004); however, aerobic glycolysis is a feature of many cells without a precedent oxygen limitation (Vander Heiden et al., 2009). Tumors also retain functional mitochondria (Koppenol et al., 2011; Weinhouse, 1956) and require mitochondrial respiration for growth, progression, and metastasis (LeBleu et al., 2014; Tan et al., 2015; Viale et al., 2014; Weinberg et al., 2010). Collectively, these findings argue against mitochondrial damage or oxygen limitation as the primary driver of this phenotype. Furthermore, it is a common misconception that aerobic glycolysis involves suppression of oxidative phosphorylation (Yao et al., 2019). Aerobic glycolysis is best characterized by increased fermentation with continued respiration, resulting in a shift in metabolism in which more glucose is fermented relative to that which is oxidized.

Several other models have been proposed to explain why aerobic glycolysis is observed in proliferating cells. One is that increased flux through glycolysis can shunt biosynthetic precursors into anabolic reactions that branch from this pathway, contributing to production of nucleosides, lipids, and/or proteins (Boroughs and DeBerardinis, 2015; Cairns et al., 2011; Hume and Weidemann, 1979; Levine and Puzio-Kuter, 2010; Vander Heiden et al., 2009). Although the idea that inefficient ATP production is a trade-off for supporting anabolic reactions is attractive, glycolytic intermediates are not necessarily elevated in proliferating cells (Lunt et al., 2015; Williamson et al., 1970), and many proliferating cells excrete the majority of consumed glucose carbons as lactate. In fact, amino acids, rather than glucose, account for most new carbon biomass in proliferating cells (Hosios et al., 2016). Another proposed benefit of the Warburg effect is increased ATP production because ATP can be generated with faster kinetics by aerobic glycolysis than it can by oxidative phosphorylation (Pfeiffer et al., 2001). It has also been suggested that aerobic glycolysis arises because of constraints on metabolism caused by molecular crowding (Vazquez et al., 2010; Vazquez and Oltvai, 2011) or that the energetic cost of synthesizing glycolytic enzymes is less than that of synthesizing components needed for respiration, such that ATP production by glycolysis confers a fitness advantage to cells (Basan et al., 2015). Nevertheless, why aerobic glycolysis is engaged in some, but not all, rapidly proliferating cells is not fully explained by existing models.

The end product of glycolysis is pyruvate, which can be fermented to lactate or further oxidized by a series of reactions that depend on mitochondrial respiration, in which electrons released by glucose oxidation are disposed of via the reduction of oxygen to water. The first step in pyruvate oxidation is catalyzed by the pyruvate dehydrogenase complex (PDH), which converts pyruvate to acetyl coenzyme A (acetyl-CoA) in a reaction that is irreversible under physiological conditions. PDH activity is suppressed by a low  $\text{NAD}^+/\text{NADH}$  ratio (Pettit et al., 1975) and regulated further by pyruvate dehydrogenase kinases (PDKs) and pyruvate dehydrogenase phosphatases (PDPs), which modulate PDH by inhibitory phosphorylation (Kolobova et al., 2001; Korotchikina and Patel, 2001). Thus, PDH regulation influences the extent to which cells engage in aerobic glycolysis (Grassian et al., 2011; Kim et al., 2006; Papandreou et al., 2006).

Activation of PDH, either by PDK inhibition or PDP activation, suppresses aerobic glycolysis and can slow cancer cell proliferation and tumor growth (Hitosugi et al., 2011; Kaplon et al., 2013; McFate et al., 2008).

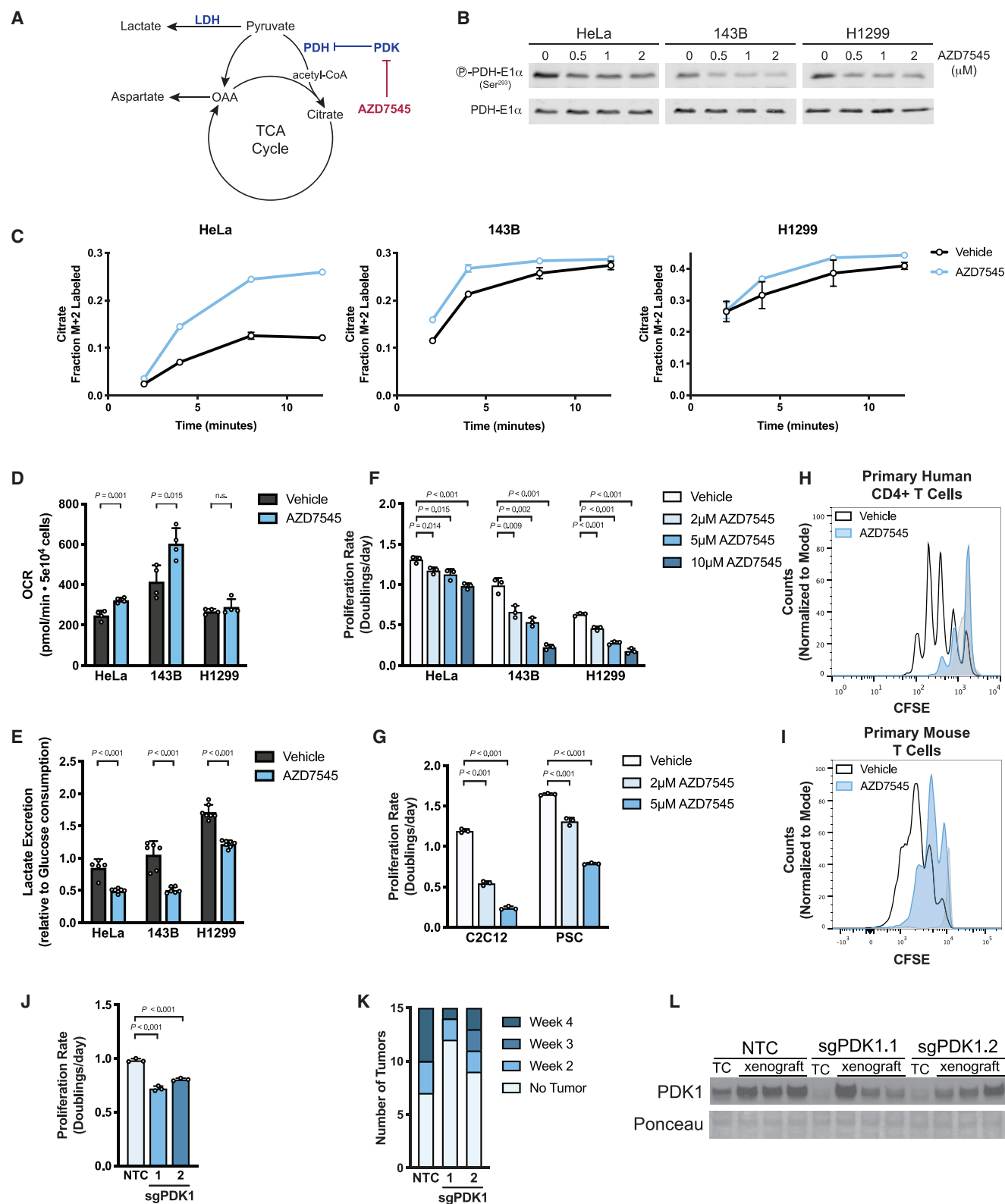
To investigate how aerobic glycolysis supports cell proliferation, we studied the consequence of suppressing fermentation in cells by increasing PDH activity. We find that promoting pyruvate oxidation impairs cell proliferation by limiting  $\text{NAD}^+$  availability for oxidation reactions because interventions that regenerate  $\text{NAD}^+$  restore proliferation despite PDH activation. We further find that the reduced  $\text{NAD}^+/\text{NADH}$  ratio in those cells results from increased mitochondrial membrane potential that impedes  $\text{NAD}^+$  regeneration by mitochondrial electron transport. Uncoupling electron transport from mitochondrial ATP synthesis relieves the increased mitochondrial membrane potential and increases  $\text{NAD}^+$  regeneration via respiration. Furthermore, increasing cellular ATP consumption rescues proliferation when PDH is activated, suggesting that ATP synthase insufficiency can be an endogenous constraint on  $\text{NAD}^+$  regeneration by coupled mitochondrial respiration. Lastly, endowing cells with alternative means of  $\text{NAD}^+$  regeneration suppresses aerobic glycolysis in both mammalian and yeast cells, without affecting the proliferation rate. These data argue that cells engage in aerobic glycolysis when the  $\text{NAD}^+$  demand for oxidation reactions exceeds the demand for ATP, creating a situation in which mitochondrial respiration is insufficient to support  $\text{NAD}^+$  regeneration.

## RESULTS

### PDK inhibition activates PDH, suppressing aerobic glycolysis and cell proliferation

To better understand why proliferating cells engage in aerobic glycolysis, we sought to suppress this phenotype by increasing glucose oxidation relative to fermentation. Flux through PDH, the first committed step for mitochondrial glucose oxidation, is negatively regulated by PDK, and PDK inhibition can suppress aerobic glycolysis in various contexts (Hitosugi et al., 2011; Kaplon et al., 2013; McFate et al., 2008; Michelakis et al., 2010). We used AZD7545, a potent and selective inhibitor of PDK1, PDK2, and PDK3 (Kato et al., 2007; Morrell et al., 2003), to promote pyruvate oxidation (Figure 1A). Exposing cancer cells to AZD7545 decreased inhibitory phosphorylation of the  $\text{E1}\alpha$  subunit of PDH (Figure 1B), confirming functional PDK inhibition by this small molecule. We next assessed PDH activity in cells with and without PDK inhibition by measuring incorporation of carbons from  $^{13}\text{C}$ -labeled glucose into citrate. We observed kinetics consistent with elevated PDH activity in cells treated with AZD7545 at multiple concentrations (Figures 1C and S1A). Oxygen consumption rate (OCR) was also increased upon AZD7545 treatment in some, but not all, cells examined (Figures 1D and S1B). However, AZD7545 treatment decreased the rate of lactate excretion per glucose molecule consumed in all tested cells (Figure 1E), confirming that PDK inhibition increases PDH activity, promoting pyruvate oxidation at the expense of fermentation, which represents a shift away from aerobic glycolysis.

We next tested the effects of AZD7545 on cell proliferation and found that suppressing aerobic glycolysis decreased



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proliferation of cancer cells (Figure 1F), non-transformed C2C12 myoblasts, and primary murine pancreatic stellate cells (PSCs) (Figure 1G). AZD7545 also suppressed proliferation of activated primary human CD4<sup>+</sup> T cells and primary mouse T cells (Figures 1H, 1I, S1C, and S1D) but had minimal effect on the expression of T cell activation markers (Figure S1E). These data demonstrate that PDH activation impairs proliferation in both cancer and non-cancer settings.

To confirm that AZD7545 inhibits cell proliferation as a result of PDK inhibition, rather than another effect of this compound, we disrupted PDK1 expression in 143B cells using CRISPR interference (CRISPRi) (Figure S1F) and found that genetic PDK1 suppression slowed cell proliferation (Figure 1J). Furthermore, high PDH activity is selected against for tumor growth in mice because 143B cells with PDK1 knockdown displayed impaired tumor formation relative to control cells (Figure 1K). Of note, when PDK1 knockdown cells formed tumors, some of those tumors grew at a rate similar to tumors derived from control cells (Figure S1G); however, tumors derived from PDK1 knockdown cells regained PDK1 expression (Figure 1L). Furthermore, control and PDK1 knockdown tumors expressed higher levels of PDK1 than did the cells from which they were derived (Figure 1L). Taken together, these data are consistent with numerous studies showing enhanced PDH activation specifically (Kaplon et al., 2013; McFate et al., 2008; Michelakis et al., 2010), and suppressing aerobic glycolysis more generally (Fantin et al., 2006; Le et al., 2010; Xie et al., 2014) can slow cell proliferation and tumor growth.

### PDH activation decreases proliferation by decreasing the NAD<sup>+</sup>/NADH ratio in cells

Understanding how increased pyruvate oxidation suppresses cell proliferation could provide insight into why proliferating cells engage in aerobic glycolysis. One potential explanation is that

altering the ratio of glucose oxidation to lactate fermentation can affect the oxidative capacity of cells. The NAD<sup>+</sup>/NADH ratio is critical for many metabolic reactions, including those involved in central carbon metabolism, nucleotide synthesis, lipid metabolism, and amino acid metabolism (Hosios and Vander Heiden, 2018), and NAD<sup>+</sup> regeneration can be limiting for cell proliferation and tumor growth (Birsoy et al., 2015; Gui et al., 2016; Sullivan et al., 2015; Titov et al., 2016). The reaction catalyzed by PDH consumes NAD<sup>+</sup> to produce NADH, and shunting pyruvate away from lactate production prevents NAD<sup>+</sup> regeneration by lactate dehydrogenase (LDH) (Figure 2A). Thus, PDK inhibition is expected to favor a more reduced NAD<sup>+</sup>/NADH ratio, and indeed, AZD7545 treatment lowered the NAD<sup>+</sup>/NADH ratio in cells (Figures 2B and S2A).

We next questioned whether sensitivity to PDK inhibition could be changed by altering the intracellular NAD<sup>+</sup>/NADH ratio. Pyruvate is rapidly reduced by LDH, and providing exogenous pyruvate increases the NAD<sup>+</sup>/NADH ratio in cells (Birsoy et al., 2015; Gui et al., 2016; Sullivan et al., 2015). We found that pyruvate supplementation restored the NAD<sup>+</sup>/NADH ratio in AZD7545-treated cancer cells (Figure 2C), enhanced baseline cell proliferation, and suppressed the anti-proliferative effects of AZD7545 and of the genetic suppression of PDK1 (Figures 2D, 2E, and S2B). Pyruvate also increased the proliferation of non-transformed C2C12 myoblasts and primary mouse PSCs treated with AZD7545 (Figure 2F), as well as of activated primary human CD4<sup>+</sup> T cells (Figures 2G, S2C, and S2D) and primary mouse T cells (Figures 2H, S2E, and S2F). These data argue that exogenous pyruvate suppresses the anti-proliferative effects of PDH activation.

Lactate can serve as a nutrient for cells, including cancer cells (Faubert et al., 2017; Hui et al., 2017; Kennedy et al., 2013; Sonveaux et al., 2008). Lactate metabolism first requires conversion to pyruvate, serving as an electron donor for the LDH reaction

### Figure 1. Activation of PDH suppresses aerobic glycolysis and proliferation

(A) Pyruvate has several fates in cells, including metabolism to lactate by lactate dehydrogenase (LDH) or oxidation by pyruvate dehydrogenase (PDH) to acetyl-CoA for entry into the tricarboxylic acid (TCA) cycle. PDH is negatively regulated by pyruvate dehydrogenase kinase (PDK) enzymes, which are inhibited by the compound AZD7545.

(B) Western blot to assess S293 phosphorylation of the PDH-E1 $\alpha$  enzyme subunit in HeLa, 143B, and H1299 cells treated with vehicle or AZD7545 for 2 h. Total PDH-E1 $\alpha$  expression was also assessed.

(C) Kinetic labeling of citrate from <sup>13</sup>C-labeled glucose to assess PDH flux with and without PDK inhibition by AZD7545. HeLa, 143B, and H1299 cells were incubated for 5 h in medium containing 5 mM unlabeled glucose with vehicle or 0.5  $\mu$ M AZD7545; after which, 20 mM [U-<sup>13</sup>C<sub>6</sub>]glucose was added. The fraction of M+2 citrate was measured by liquid chromatography-mass spectrometry (LCMS) after the addition of <sup>13</sup>C-labeled glucose (n = 3).

(D) Oxygen consumption rate (OCR) of cells treated with vehicle or 0.5  $\mu$ M AZD7545 for 5 h (n = 4).

(E) Lactate excretion into culture medium normalized to glucose consumption of cells treated with vehicle or 0.25  $\mu$ M AZD7545 for 48 h (n = 5).

(F) Proliferation rate of 143B, H1299, and HeLa cells treated with vehicle or AZD7545, as indicated (n = 3).

(G) Proliferation rate of C2C12 myoblasts or mouse pancreatic stellate cells (PSCs) cultured in vehicle or AZD7545 as indicated (n = 3).

(H) Proliferation of primary human CD4<sup>+</sup> T cells cultured in vehicle or 5  $\mu$ M AZD7545. Human CD4<sup>+</sup> T cells were stained with CFSE (carboxyfluorescein succinimidyl ester) before stimulation with anti-CD3/CD28 Dynabeads, and CFSE fluorescence was assessed by flow cytometry after 4 days. Representative data are shown from three biological replicates of primary human CD4<sup>+</sup> T cells collected from different donors and analyzed as independent experiments. Stained, unstimulated cells (light gray) that did not proliferate are also shown.

(I) Proliferation of primary mouse T cells cultured in vehicle or 5  $\mu$ M AZD7545. Mouse T cells were stained with CFSE before stimulation with anti-CD3/CD28 antibodies, and CFSE fluorescence was assessed by flow cytometry after 2 days. Stained, unstimulated cells (light gray) that did not proliferate are also shown.

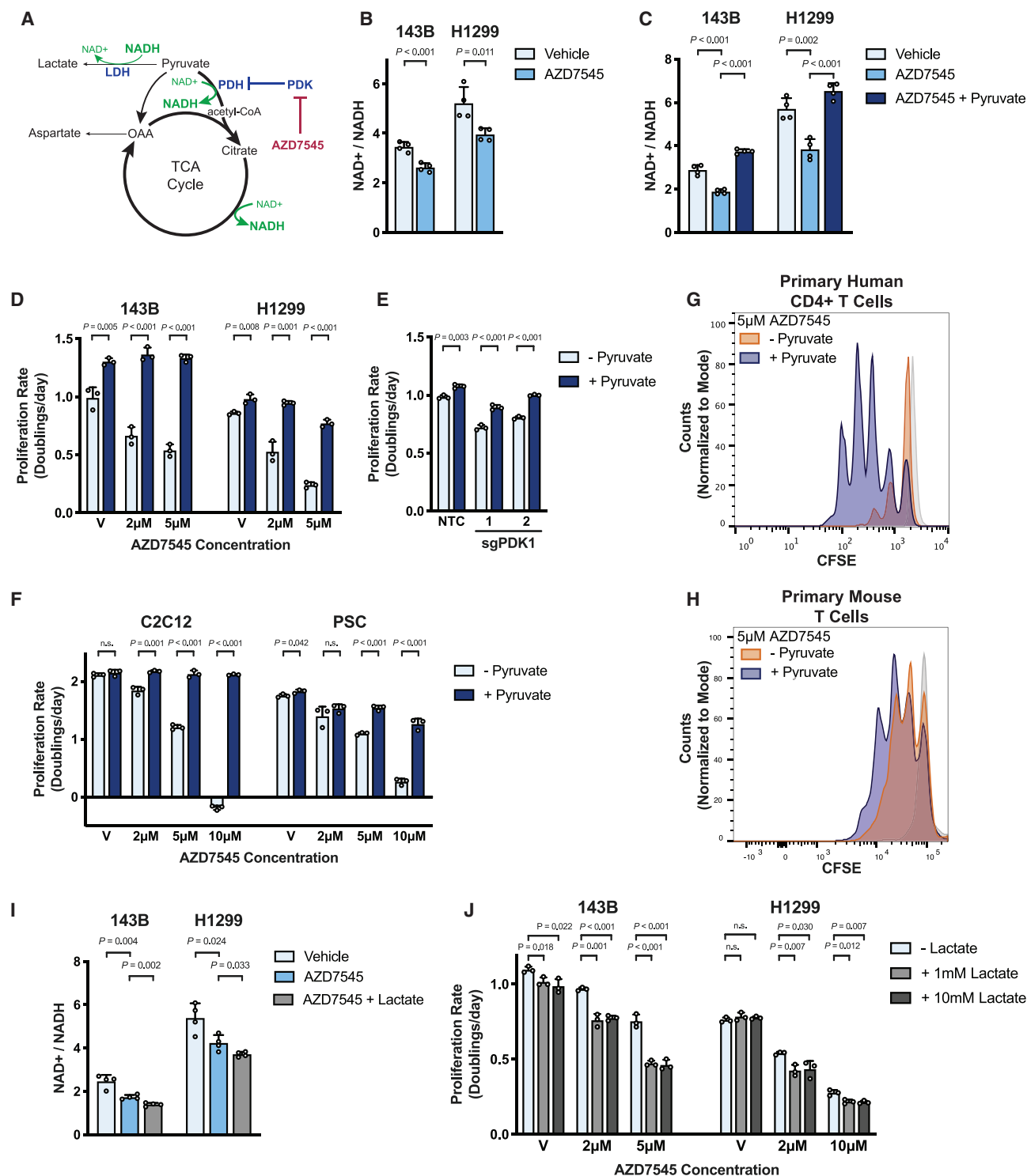
(J) Proliferation rate of 143B cells in which CRISPR interference (CRISPRi) was used to repress PDK1 expression. Cells were transduced with single-guide RNA (sgRNA) targeting PDK1 (two independently targeted lines) or a non-targeting control (NTC) as indicated (n = 3).

(K) Histogram indicating the number of weeks at which the cell lines described in (J) formed xenograft tumors larger than 50 mm<sup>3</sup> in nude mice (n = 15).

(L) Western blot analysis to assess PDK1 expression in the cells shown in (J) when cultured *in vitro* (TC) or after being isolated from the xenografts described in (K) after 34 days.

Values in (C)–(G), and (J) denote means  $\pm$  SD. p values were calculated by unpaired, two-tailed Student's t test (n.s. = not significant).





**Figure 2. PDK inhibition slows cell proliferation by reducing the  $\text{NAD}^+/\text{NADH}$  ratio**

(A) PDK inhibition by AZD7545 decreases the  $\text{NAD}^+/\text{NADH}$  ratio by promoting flux through  $\text{NAD}^+$ -consuming pathways, including PDH and the TCA cycle and by limiting pyruvate conversion to lactate by LDH.

(B) The  $\text{NAD}^+/\text{NADH}$  ratio of 143B and H1299 cells cultured in vehicle or 5  $\mu\text{M}$  AZD7545 for 5 h ( $n = 4$ ).

(C) The  $\text{NAD}^+/\text{NADH}$  ratio of 143B and H1299 cells treated with vehicle, 5  $\mu\text{M}$  AZD7545, or 5  $\mu\text{M}$  AZD7545 with 1 mM pyruvate ( $n = 4$ ).

(D) Proliferation rate of 143B and H1299 cells cultured in vehicle (V) or the indicated concentration of AZD7545 in the presence (dark blue) or absence (light blue) of 1 mM pyruvate ( $n = 3$ ).

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that converts  $\text{NAD}^+$  to  $\text{NADH}$  (Figure 2A), and exogenous lactate further decreased the  $\text{NAD}^+/\text{NADH}$  ratio of AZD7545-treated cells (Figures 2I and S2G). Exogenous lactate also suppressed cell proliferation and exacerbated the effect of AZD7545 treatment in 143B and H1299 cells (Figure 2J), but not HeLa cells (Figure S2H). Altering extracellular lactate relative to extracellular pyruvate can titrate the cellular  $\text{NAD}^+/\text{NADH}$  ratio (Hung et al., 2011), and we found that lower extracellular lactate to pyruvate ratios suppressed the ability of AZD7545 to impair proliferation (Figure S2I). These data support  $\text{NAD}^+$  depletion as an explanation for why increasing pyruvate oxidation slows proliferation.

To more directly test whether changes in the  $\text{NAD}^+/\text{NADH}$  ratio mediate the anti-proliferative effects of PDK inhibition, we tested whether orthogonal pathways that regenerate  $\text{NAD}^+$ , but are not involved in glucose, pyruvate, or lactate metabolism, affect sensitivity to AZD7545. Duroquinone permits  $\text{NAD}^+$  regeneration via the quinone reductase NQO1 (Merker et al., 2006) (Figure 3A), and duroquinone raises the  $\text{NAD}^+/\text{NADH}$  ratio and can rescue cell proliferation in conditions in which  $\text{NAD}^+$  is limiting (Gui et al., 2016). We found that duroquinone suppressed AZD7545 sensitivity (Figures 3B and S3A), consistent with a decreased  $\text{NAD}^+/\text{NADH}$  ratio slowing proliferation of PDK-inhibited cells.

Another orthogonal method for increasing the cell  $\text{NAD}^+/\text{NADH}$  ratio is expressing  $\text{NADH}$  oxidase from *Lactobacillus brevis* (*LbNOX*) (Titov et al., 2016) (Figure 3C). Thus, we engineered cells to express either *LbNOX* or an empty vector (E.V.) as another way to assess the effect of increasing  $\text{NAD}^+$  regeneration in cells (Figure S3B). *LbNOX* expression conferred resistance to the anti-proliferative effects of AZD7545 (Figures 3D and S3C), further demonstrating that increasing  $\text{NAD}^+$  regeneration can permit rapid proliferation despite increased pyruvate oxidation.

### Changes in $\text{NAD}^+/\text{NADH}$ account for how PDH activation affects cell metabolism

$\text{NAD}^+$  is necessary to support oxidation reactions in cells, and thus, changes in the  $\text{NAD}^+/\text{NADH}$  ratio impacts many metabolic pathways, including those important for cell growth and proliferation (Hosios and Vander Heiden, 2018). For example, the  $\text{NAD}^+/\text{NADH}$  ratio can affect aspartate synthesis (Birsoy et al., 2015; Sullivan et al., 2015). Aspartate is essential in making proteins, as well as purine and pyrimidine nucleotides, and acquiring aspartate can be limiting for tumor growth (Garcia-Bermudez et al., 2018; Rabinovich et al., 2015; Sullivan et al., 2018).

Therefore, to determine whether one method by which PDK inhibition impairs proliferation is by affecting aspartate availability, we measured aspartate levels in cells cultured in the presence of vehicle or AZD7545. Consistent with AZD7545 treatment reducing the cell  $\text{NAD}^+/\text{NADH}$  ratio, PDK inhibition decreased intracellular aspartate (Figure S3D), and increasing the  $\text{NAD}^+/\text{NADH}$  ratio with exogenous pyruvate, duroquinone, or *LbNOX* expression restored aspartate levels (Figures S3E–S3G). These data suggest that suppressing aerobic glycolysis limits the capacity of cells to carry out oxidation reactions important for biomass production.

To further study how PDH activation affects metabolism, we performed untargeted metabolomics and observed that despite increasing PDH activity (Figures 1C and S1A), AZD7545 treatment decreased intracellular citrate levels and increased intracellular palmitate levels (Figures S3H and S3I). This could reflect a metabolic state in which forcing citrate production from pyruvate elicits a compensatory increase in lipid synthesis, which consumes  $\text{NADPH}$  to make  $\text{NADP}^+$ , potentially as an alternative means to regenerate oxidizing equivalents (Liu et al., 2020). We also observed that AZD7545 treatment affected levels of many other intracellular metabolites and that either duroquinone or expression of *LbNOX* suppressed some of those changes (Figures S3J–S3M). Of note, duroquinone or *LbNOX* expression restored many of the same metabolites in AZD7545-treated cells (Figure S3N). Because duroquinone and *LbNOX* alter  $\text{NAD}^+/\text{NADH}$  ratios via different mechanisms, the finding that both agents similarly restored alterations to the global metabolome caused by PDH activation argues that an effect on cell redox state is a major consequence of increased pyruvate oxidation and further supports the notion that a major metabolic consequence of suppressing aerobic glycolysis is  $\text{NAD}^+$  depletion.

### PDH activation increases dependency on mitochondrial complex I for $\text{NAD}^+$ regeneration

Because PDK inhibition reduces the cellular  $\text{NAD}^+/\text{NADH}$  ratio, interventions that limit  $\text{NAD}^+$  regeneration are predicted to potentiate the anti-proliferative effects of PDK inhibitors. To test that hypothesis, we assessed the sensitivity of cancer cells to the biguanide metformin, which limits  $\text{NAD}^+$  regeneration and decreases  $\text{NAD}^+/\text{NADH}$  ratio via inhibition of mitochondrial complex I (Gui et al., 2016; Wheaton et al., 2014) (Figure 3E). The combination of metformin and AZD7545 reduced cell proliferation more than either compound alone (Figures 3F and S4A),

(E) Proliferation rate of 143B cells in which CRISPRi was used to repress PDK1. Cells were transduced with sgPDK1 (two independently targeted lines) or sgNTC and grown in the presence or absence of 1 mM pyruvate ( $n = 3$ ).

(F) Proliferation rate of C2C12 myoblasts and pancreatic stellate cells (PSCs) in media with vehicle (V) or AZD7545 supplemented with or without 1 mM pyruvate ( $n = 3$ ).

(G) Proliferation of primary human  $\text{CD4}^+$  T cells treated with 5  $\mu\text{M}$  AZD7545 with or without 1 mM pyruvate. Human  $\text{CD4}^+$  T cells were stained with CFSE before stimulation with  $\text{CD3}/\text{CD28}$  Dynabeads, and CFSE fluorescence was assessed by flow cytometry after 4 days. Representative data are shown from three biological replicates of primary human  $\text{CD4}^+$  T cells collected from different donors and analyzed as independent experiments. Stained, unstimulated cells (light gray) that did not proliferate are shown.

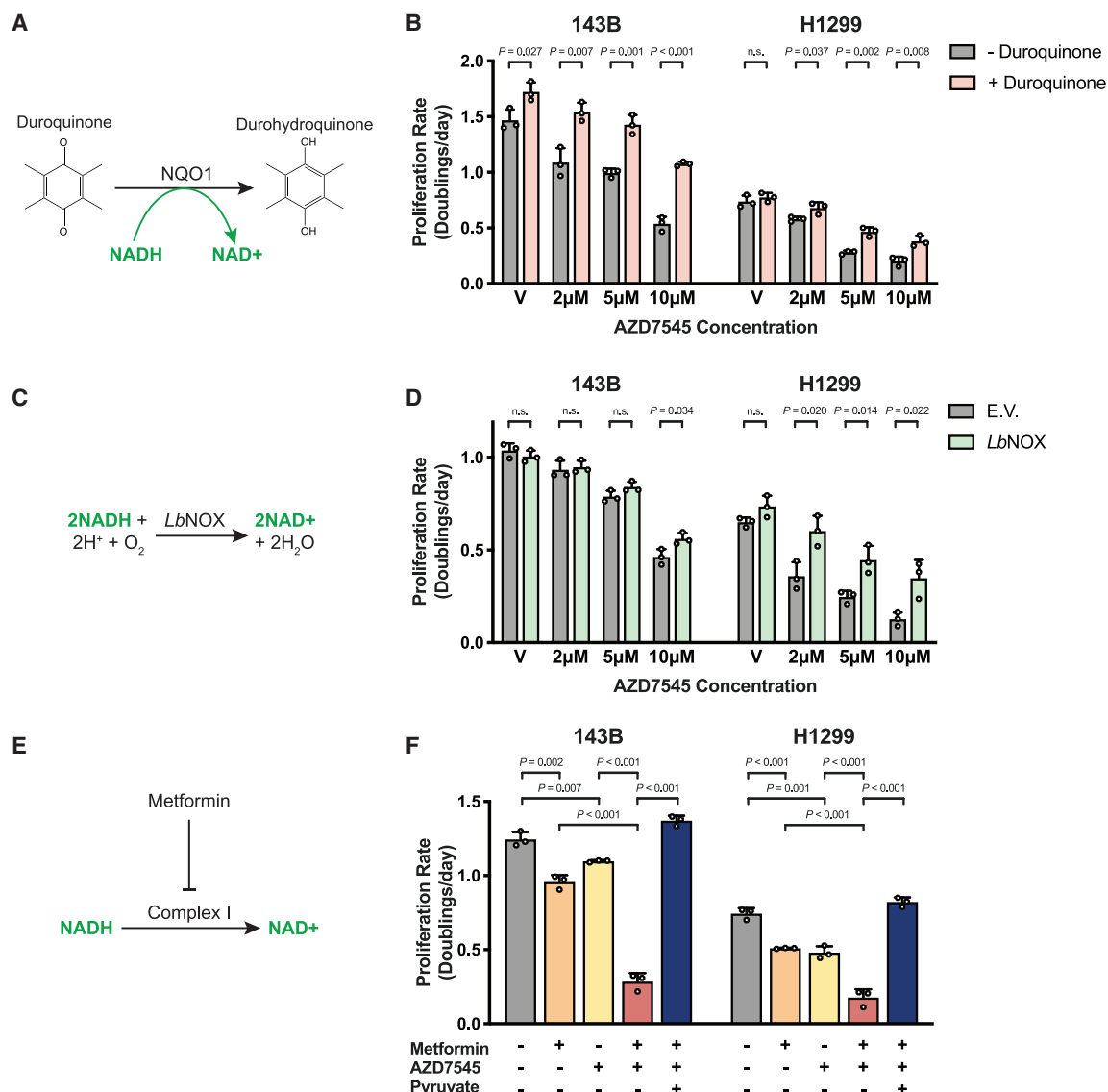
(H) Proliferation of primary mouse T cells treated with 5  $\mu\text{M}$  AZD7545 with or without 1 mM pyruvate. Mouse T cells were stained with CFSE before stimulation with anti- $\text{CD3}/\text{CD28}$  antibodies. CFSE fluorescence was assessed by flow cytometry after 2 days. Stained, unstimulated cells (light gray) that did not proliferate are shown.

(I) The  $\text{NAD}^+/\text{NADH}$  ratio of 143B and H1299 cells cultured in vehicle, 5  $\mu\text{M}$  AZD7545, or 5  $\mu\text{M}$  AZD7545 with 10 mM lactate ( $n = 4$ ).

(J) Proliferation rate of 143B and H1299 cells treated with vehicle (V) or AZD7545 with or without 1 mM or 10 mM lactate as indicated ( $n = 3$ ).

Values in (B)–(F), (I), and (J) denote means  $\pm$  SD. p values were calculated by unpaired, two-tailed Student's t test (n.s. = not significant).



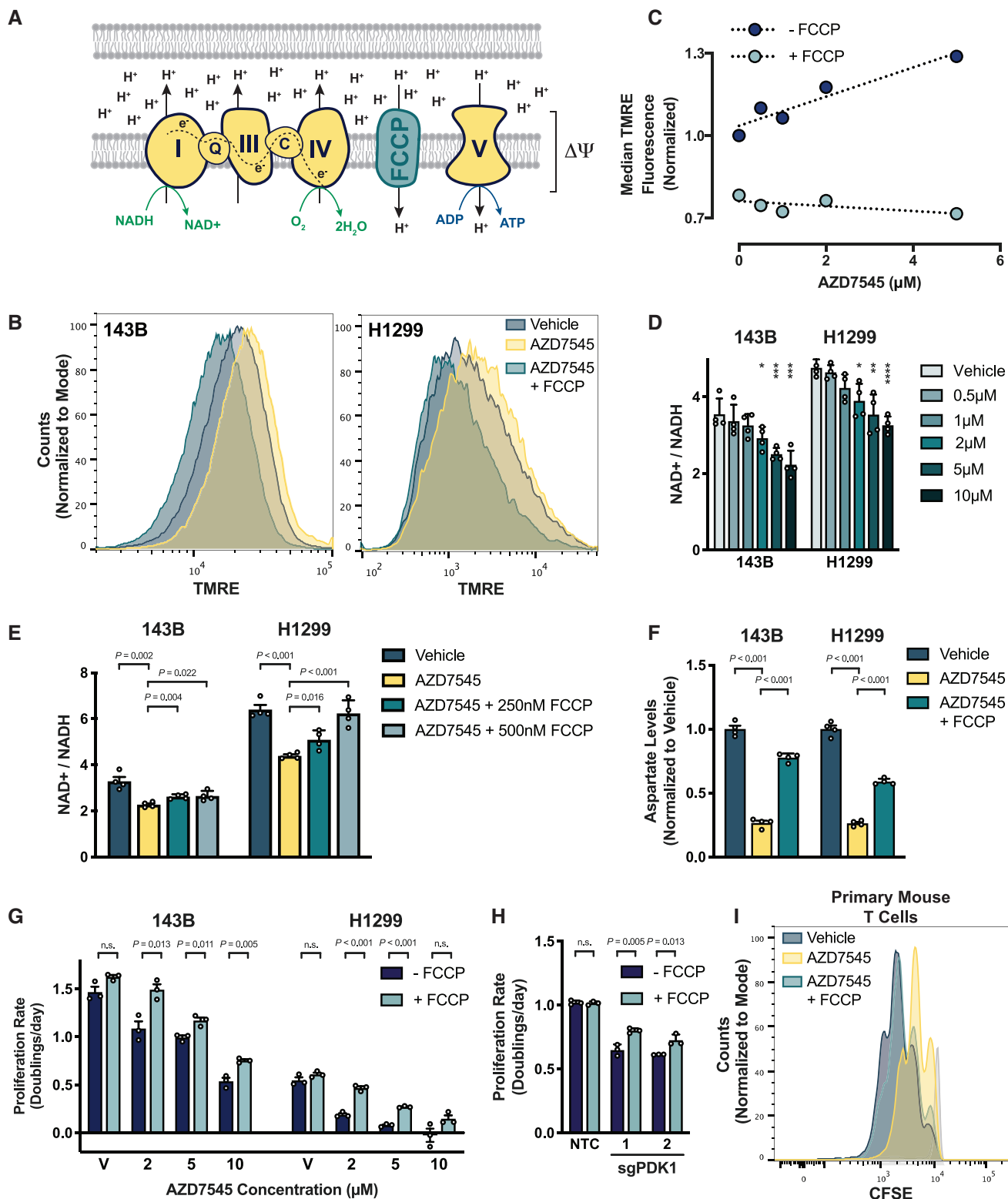


**Figure 3. Interventions that alter NAD<sup>+</sup> availability can modulate the antiproliferative effects of PDK inhibition**

(A) Duroquinone increases NAD<sup>+</sup> regeneration via the enzyme NAD(P)H dehydrogenase, quinone 1 (NQO1), which reduces duroquinone to durohydroquinone using NADH as a cofactor.  
 (B) Proliferation rate of 143B and H1299 cells treated with vehicle (V) or AZD7545 in the absence or presence of duroquinone (20  $\mu$ M for 143B and 100  $\mu$ M for H1299 cells; n = 3).  
 (C) Schematic illustrating the reaction catalyzed by the NADH oxidase from *Lactobacillus brevis* (LbNOX).  
 (D) Proliferation rate of 143B and H1299 cells transduced with empty vector (E.V.) or an LbNOX expression vector and treated with vehicle (V) or AZD7545. Doxycycline (500 ng/mL) was included in all conditions (n = 3).  
 (E) Schematic illustrating the redox consequences of metformin treatment.  
 (F) Proliferation rate of 143B and H1299 cells treated with 500  $\mu$ M metformin, AZD7545 (5  $\mu$ M for 143B, 3  $\mu$ M for H1299 cells), and 1 mM pyruvate as indicated (n = 3). Values in (B), (D), and (F) denote means  $\pm$  SD. p values were calculated by unpaired, two-tailed Student's t test (n.s. = not significant).

and AZD7545 treatment decreased the half-maximal inhibitory concentration (IC<sub>50</sub>) of metformin by more than 30% in both A549 and HeLa cells (Figures S4B and S4C). The anti-proliferative effect of AZD7545 and metformin was completely abolished by pyruvate supplementation (Figures 3F and S4A–S4C), further arguing that these drugs impair proliferation by promoting a more-reduced NAD<sup>+</sup>/NADH ratio.

Electron acceptor availability can be limiting for tumor growth in some mouse models of cancer (Gui et al., 2016), suggesting that inhibiting NAD<sup>+</sup> regeneration with the combination of AZD7545 and metformin may have a larger effect on tumor growth than either drug alone. We found that metformin inhibited tumor growth, as previously reported (Gui et al., 2016; Schöckel et al., 2015; Wheaton et al., 2014), and although AZD7545 had no



**Figure 4. PDK inhibition induces mitochondria hyperpolarization and limits  $\text{NAD}^+$  regeneration by respiration**

(A) Schematic illustrating the mitochondrial electron transport chain and how FCCP (trifluoromethoxy carbonyl cyanide phenylhydrazone) uncouples electron transfer from NADH to  $\text{O}_2$  from ATP production by the  $\text{F}_0\text{F}_1$ -ATP synthase (complex V).  $\Delta\Psi$  denotes the mitochondrial membrane potential.

(legend continued on next page)

effect alone, PDK inhibition appeared to improve the efficacy of metformin in this model (Figure S4D).

The finding that AZD7545 treatment did not decrease tumor growth as a single agent might be expected from the pharmacokinetics of this compound, as well as the fact that AZD7545 impairs, but does not prevent, cell proliferation. Three hours after dosing, we found AZD7545 levels in tumors and in plasma that could impair cell proliferation in culture (Figures S4E and S4F), but the compound was not detected in plasma after 24 h (Figure S4E). This argues that more-frequent dosing of AZD7545 may be more effective toward inhibiting tumor growth as a single agent. Nevertheless, once-a-day dosing of AZD7545 was sufficient to improve the anti-tumor effects of metformin, supporting the notion that PDK inhibition increases dependency on mitochondrial complex I to regenerate  $\text{NAD}^+$  and support proliferation.

### Increased mitochondrial membrane potential downstream of pyruvate oxidation impairs $\text{NAD}^+$ regeneration by the mitochondrial electron transport chain

The decreased  $\text{NAD}^+/\text{NADH}$  ratio observed in PDK-inhibited cells suggests that  $\text{NAD}^+$  regeneration by mitochondrial respiration is insufficient to support maximal proliferation when pyruvate oxidation is increased. This result is unexpected because these cells are cultured at atmospheric oxygen and exhibit increased oxygen consumption upon AZD7545 treatment (Figure 1D). Thus, we sought to better understand how  $\text{NAD}^+$  regeneration by mitochondrial respiration was impaired in PDK-inhibited cells because this could explain why proliferating cells engage in aerobic glycolysis.

The oxidation-reduction reactions of the mitochondrial electron transport chain (ETC) are coupled to proton pumping from the mitochondrial matrix into the intermembrane space to generate an electrochemical gradient across the inner mitochondrial membrane and support ATP production via the  $\text{F}_0\text{F}_1$ -ATP synthase (Figure 4A). This process, collectively referred to as oxidative phosphorylation, occurs at near equilibrium, meaning that the rate of respiration is a function of both substrate and product availability (Brown, 1992). The shift toward a more reduced  $\text{NAD}^+/\text{NADH}$  ratio suggests  $\text{NADH}$  is more readily available in those cells, but one possibility is that the availability of oxygen, another major substrate for oxidative phosphoryla-

tion, becomes limiting for electron transport. However, these cells were cultured at 21% oxygen, and mitochondrial respiration can function at oxygen levels as low as 0.5% (Chandel et al., 1996; Rumsey et al., 1990). Furthermore, expression of *LbNOX*, which requires oxygen as a substrate, suppressed the anti-proliferative effect of AZD7545 (Figure 3D), arguing against oxygen availability constraining  $\text{NAD}^+$  regeneration in PDK-inhibited cells.

Another possibility is that an imbalance develops between the ability of the mitochondrial ETC to pump protons into the intermembrane space and the activity of processes that carry protons back across the membrane. This imbalance would be reflected in an increased mitochondrial membrane potential ( $\Delta\Psi$ ) (Figure 4A). To test that possibility, we used the cationic dye tetramethylrhodamine ethyl ester (TMRE), which is taken up by the mitochondria in proportion to  $\Delta\Psi$  (Perry et al., 2011). We found that PDK inhibition increases TMRE accumulation in cancer cells (Figure 4B) and activated primary mouse T cells (Figure S5A) and that this effect is reversed when respiration is uncoupled from ATP production by the ionophore FCCP (trifluoromethoxy carbonyl cyanide phenylhydrazide). FCCP allows protons to equilibrate across membranes, thus FCCP uncouples  $\text{NAD}^+$  regeneration by the ETC from  $\Delta\Psi$  generation and prevents use of  $\Delta\Psi$  for ATP production. These data are consistent with PDH activation increasing  $\Delta\Psi$ , and increased TMRE accumulation depends on the concentration of AZD7545 (Figure 4C) in a way that matches the dose-dependent reduction in the  $\text{NAD}^+/\text{NADH}$  ratio observed upon PDK inhibition (Figures 4D and S5B). Taken together, these data suggest that  $\text{NAD}^+$  regeneration by respiration is constrained by  $\Delta\Psi$  because it becomes thermodynamically unfavorable for the mitochondrial ETC complexes to pump protons across a hyperpolarized membrane.

If high  $\Delta\Psi$  limits  $\text{NAD}^+$  regeneration by respiration, collapse of  $\Delta\Psi$  should restore  $\text{NAD}^+/\text{NADH}$  homeostasis to cells with activated PDH. Indeed, FCCP exposure was sufficient to increase the  $\text{NAD}^+/\text{NADH}$  ratio (Figure 4E), aspartate levels (Figures 4F and S5C), and proliferation rate (Figures 4G and S5D) of PDK-inhibited cells. FCCP treatment also suppressed the proliferation defect observed in cancer cells in which PDK1 expression is suppressed using CRISPRi (Figure 4H). Additionally, FCCP treatment rescued the proliferation rates of AZD7545-treated primary mouse T cells (Figure 4I) but not primary human T cells. These results are consistent with  $\Delta\Psi$  limiting mitochondrial  $\text{NAD}^+$

(B) Mitochondrial membrane potential, as reflected by TMRE (tetramethylrhodamine, ethyl ester) fluorescence, in 143B and H1299 cells treated with vehicle, 5  $\mu\text{M}$  AZD7545, or 5  $\mu\text{M}$  AZD7545 with 500 nM FCCP.

(C) Mitochondrial membrane potential, as reflected by TMRE fluorescence, in H1299 cells that had been treated with the indicated concentration of AZD7545, with or without 500 nM FCCP. TMRE fluorescence of 50,000 cells was quantified by flow cytometry and normalized to the vehicle-treated condition without FCCP.

(D) The  $\text{NAD}^+/\text{NADH}$  ratio of 143B and H1299 cells cultured in vehicle or AZD7545 for 5 h ( $n = 4$ ).

(E) The  $\text{NAD}^+/\text{NADH}$  ratio of 143B and H1299 cells treated with vehicle, 5  $\mu\text{M}$  AZD7545, or 5  $\mu\text{M}$  AZD7545 with the indicated concentration of FCCP for 5 h ( $n = 4$ ).

(F) Aspartate levels in 143B and H1299 cells cultured in vehicle, 2  $\mu\text{M}$  AZD7545, or 2  $\mu\text{M}$  AZD7545 with 250 nM FCCP for 5 h as measured by LCMS ( $n = 4$ ).

(G) Proliferation rate of 143B and H1299 cells treated with vehicle (V) or AZD7545 with or without 500 nM FCCP as indicated ( $n = 3$ ).

(H) Proliferation rate of 143B cells in which CRISPRi was used to repress PDK1 expression. Cells were transduced with sgPDK1 (two independently targeted lines) or sgNTC and cultured with or without 750 nM FCCP ( $n = 3$ ).

(I) Proliferation of primary mouse T cells cultured in vehicle, 5  $\mu\text{M}$  AZD7545, or 5  $\mu\text{M}$  AZD7545 with 500 nM FCCP was assessed by CFSE dye dilution. Mouse T cells were stained with CFSE before stimulation with anti-CD3/CD28 antibodies and CFSE fluorescence was assessed by flow cytometry after 2 days. Stained, unstimulated cells (light gray) that did not proliferate are shown.

Values in (D)–(G) denote means  $\pm$  SD.  $p$  values were calculated by unpaired, two-tailed Student's  $t$  test (\* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.005$ , \*\*\*\* $p < 0.001$ ; n.s. = not significant).

regeneration. In addition, the finding that FCCP increases respiration (Figure S1B) confirms that the mitochondrial ETC machinery is functional and that sufficient oxygen is available to support increased respiration in these cells. Taken together, these data argue that mitochondrial  $\text{NAD}^+$  regeneration becomes limited by an increase in  $\Delta\Psi$  when pyruvate oxidation is increased.

### **$\text{NAD}^+$ regeneration is limited by insufficient ATP hydrolysis when PDK is inhibited**

A physiological function of  $\Delta\Psi$  is to support ATP synthesis because conversion of ADP to ATP by the  $\text{F}_0\text{F}_1$ -ATP synthase is coupled to dissipation of  $\Delta\Psi$  (Figure 4A). Thus, insufficient ATP turnover could limit ADP availability, limiting mitochondrial  $\text{NAD}^+$  regeneration by oxidative phosphorylation in cells with high pyruvate dehydrogenase activity. The observation that FCCP treatment promotes proliferation of PDK-inhibited cells by uncoupling mitochondrial  $\text{NAD}^+$  regeneration from ATP synthesis is consistent with this model.

To better characterize potential  $\text{F}_0\text{F}_1$ -ATP synthase insufficiency after PDK1 inhibition, we measured intracellular ATP/ADP ratios and found that they were unchanged by AZD7545 treatment (Figure S5E). This observation is consistent with existing notions that ATP is only made as needed because thermodynamic constraints prevent ATP storage in cells (Bonora et al., 2012). To test whether the  $\text{F}_0\text{F}_1$ -ATP synthase is unable to dissipate  $\Delta\Psi$  because of reduced ADP availability, we next tested whether increasing the ATP-to-ADP conversion in cells could reverse the metabolic and anti-proliferative effects of PDK inhibition. Promoting cellular ATP consumption stimulates mitochondrial respiration by increasing the demand for ADP-to-ATP conversion (Bertholet et al., 2019; Brown, 1992). The toxin gramicidin D is a classic way to increase ATP consumption in cells by increasing cell membrane permeability to  $\text{Na}^+$  and  $\text{K}^+$  ions, driving increased ATP hydrolysis by  $\text{Na}^+/\text{K}^+$ -ATPase and thus increasing ATP-coupled mitochondrial respiration (Buttgeriet and Brand, 1995; Nobes et al., 1989; Vander Heiden et al., 1999). We first confirmed that increasing cellular ATP consumption with gramicidin D reversed mitochondrial membrane hyperpolarization caused by PDK inhibition (Figure 5A). Exposing PDK-inhibited cells to gramicidin D also resulted in a more oxidized  $\text{NAD}^+/\text{NADH}$  ratio (Figure S5F). These data are consistent with gramicidin D increasing mitochondrial ATP production, which in turn, promotes increased respiration and  $\text{NAD}^+$  regeneration. Of note, gramicidin D also rendered both cancer cells and non-cancer cells more resistant to AZD7545 treatment (Figures 5B and 5C). Taken together, these data support a model in which mitochondrial  $\text{NAD}^+$  regeneration via respiration is constrained by insufficient ATP synthase activity when pyruvate oxidation is increased. These findings also suggest that cells may engage in aerobic glycolysis under conditions in which the demand for  $\text{NAD}^+$  regeneration exceeds the rate of ATP consumption.

### **The demand for $\text{NAD}^+$ regeneration can supersede the requirement for ATP in proliferating cells**

To begin to test whether a mismatch in demand for mitochondrial  $\text{NAD}^+$  regeneration relative to demand for mitochondrial ATP production could drive aerobic glycolysis, we used oligomycin,

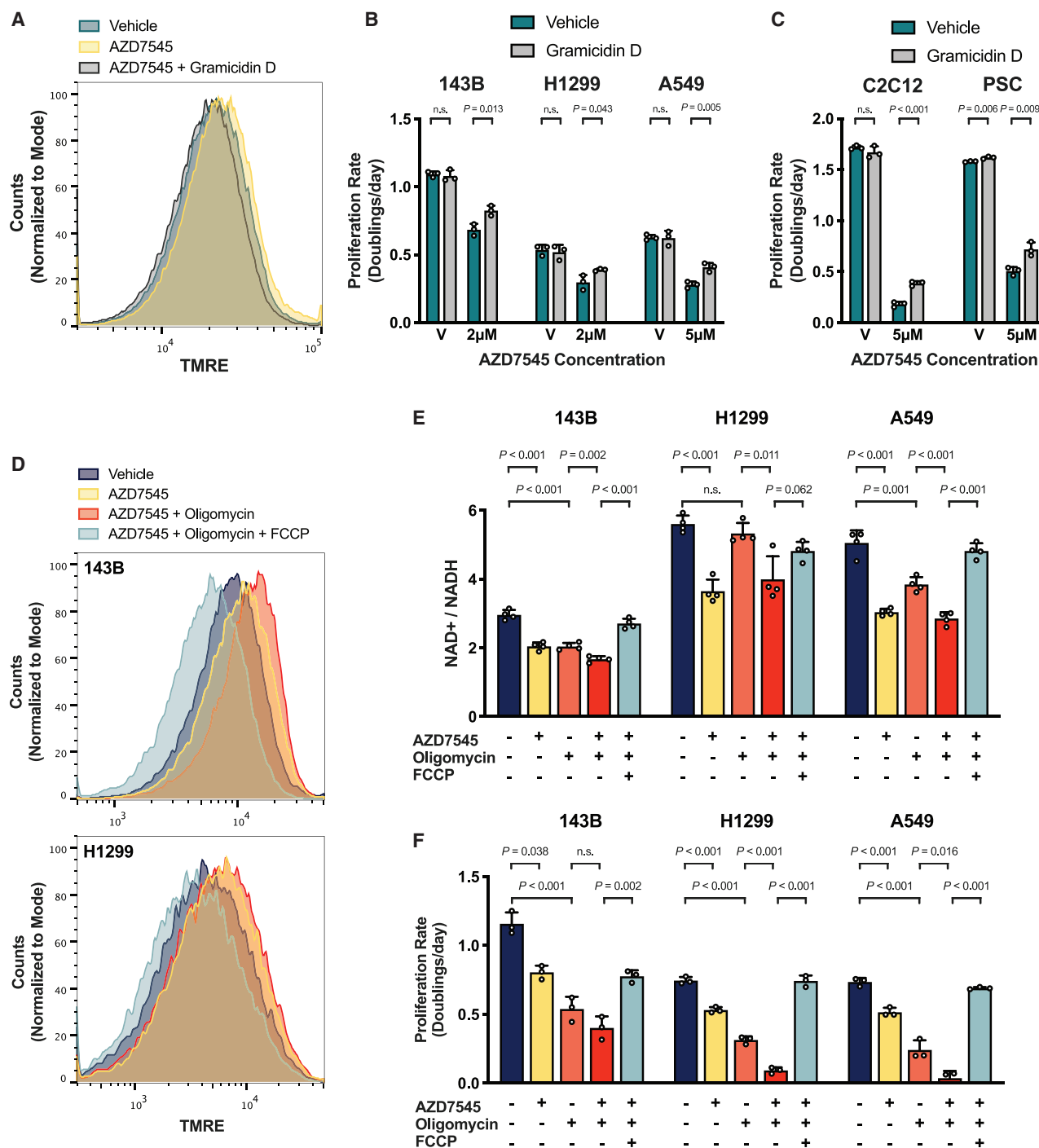
a selective inhibitor of the  $\text{F}_0$ -subunit of the mitochondrial  $\text{F}_0\text{F}_1$ -ATP synthase. Oligomycin inhibits mitochondrial ATP production and prevents respiration by increasing  $\Delta\Psi$  (Brand and Nicholls, 2011). Culturing PDK-inhibited cells with oligomycin further increases  $\Delta\Psi$  beyond that observed with AZD7545 treatment alone (Figure 5D). Therefore, oligomycin is expected to further decrease the capacity for  $\text{NAD}^+$  regeneration via mitochondrial respiration. We found that oligomycin potentiates the proliferation defect and the reduced  $\text{NAD}^+/\text{NADH}$  ratio caused by PDK inhibition (Figures 5E and 5F). FCCP treatment, which collapses  $\Delta\Psi$  and suppresses ATP synthesis by the mitochondrial  $\text{F}_0\text{F}_1$ -ATP synthase, restores the  $\text{NAD}^+/\text{NADH}$  ratio and the proliferation of cells treated with both oligomycin and AZD7545. These data suggest that mitochondrial respiration to allow  $\text{NAD}^+$  regeneration can be more important than mitochondrial ATP production in some proliferating cells, including cells that otherwise engage in aerobic glycolysis.

The finding that uncoupling mitochondrial respiration from ATP production can rescue proliferation of PDK-inhibited cells argues that insufficient  $\text{F}_0\text{F}_1$ -ATP synthase activity can limit  $\text{NAD}^+$  regeneration by respiration. Consistent with the demand for  $\text{NAD}^+$  regeneration exceeding the demand for mitochondrial ATP synthesis to support proliferation in some cells that engage in aerobic glycolysis, we find FCCP can dose-dependently increase cell proliferation in the absence of any other interventions (Figure 6A). These data suggest that insufficient  $\text{F}_0\text{F}_1$ -ATP synthase activity can impair  $\text{NAD}^+$  regeneration and proliferation even in standard culture conditions with abundant oxygen and argue that coupling between mitochondrial respiration and ATP synthesis limits the extent to which respiration can support  $\text{NAD}^+$  regeneration and proliferation. Thus, cells may engage in aerobic glycolysis when the demand for  $\text{NAD}^+$  to support oxidation reactions is greater than the ATP turnover rate.

### **Cellular $\text{NAD}^+$ availability determines whether cells engage in aerobic glycolysis**

If increased fermentation in proliferating cells is driven by  $\text{NAD}^+$  demand in excess of ATP demand, orthogonal pathways that promote  $\text{NAD}^+$  regeneration would be expected to suppress the degree to which cells engage in aerobic glycolysis despite the same redox and ATP requirements to support proliferation. Indeed, duroquinone can suppress the rate of lactate excretion by both cancer cells and non-transformed cells (Figures 6B and S6A) despite similar rates of proliferation and glucose uptake (Figures S6B and S6C). *LbNOX* expression did not affect lactate excretion in the cells studied but increased pyruvate excretion as previously reported (Titov et al., 2016) (Figure S6D), which reflects decreased  $\text{NAD}^+$  regeneration by LDH. Additionally, FCCP administration decreased lactate excretion by activated mouse T cells (Figure 6C) without changing the proliferation rate (Figure S6E). Thus, increasing  $\text{NAD}^+$  regeneration, either by providing exogenous electron acceptors or by uncoupling mitochondrial respiration from ATP synthesis, suppresses aerobic glycolysis without decreasing proliferation rate. These data support the hypothesis that demand for  $\text{NAD}^+$  is what drives aerobic glycolysis in these rapidly proliferating mammalian cells.

Aerobic glycolysis is linked to rapid proliferation across many biological contexts. To test whether a mismatch in the demand



**Figure 5. NAD<sup>+</sup> regeneration by respiration is limited by the rate of mitochondrial ATP production**

(A) Mitochondrial membrane potential, as reflected by TMRE fluorescence, of 143B cells cultured in vehicle, 2  $\mu$ M AZD754, or 2  $\mu$ M AZD754 with 5 nM gramicidin D for 5 h.

(B) Proliferation rate of 143B, H1299, and A549 cells treated with vehicle (V) or AZD7545 in the presence or absence of 0.5 nM gramicidin D (n = 3).

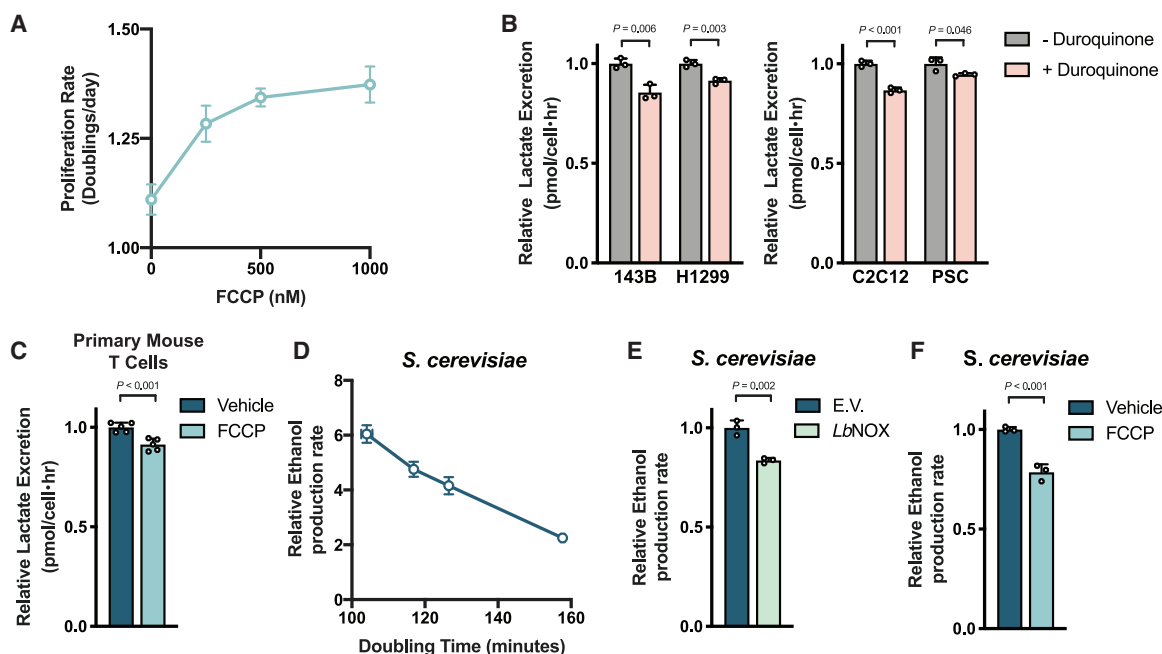
(C) Proliferation rate C2C12 myoblasts or pancreatic stellate cells (PSC) cultured with vehicle (V) or AZD7545 with or without 1 nM gramicidin D (n = 3).

(D) Mitochondrial membrane potential, as reflected by TMRE fluorescence, of 143B cells cultured for 5 h with vehicle, 2  $\mu$ M AZD7545, 1 nM oligomycin, and 1  $\mu$ M FCCP, as indicated.

(E) The NAD<sup>+</sup>/NADH ratio of 143B, H1299, and A549 cells in vehicle, 5  $\mu$ M AZD7545, 0.5 nM oligomycin, and 1  $\mu$ M FCCP, as indicated (n = 4).

(F) Proliferation rate of 143B, H1299, and A549 cells in vehicle, 5  $\mu$ M AZD7545, 0.5 nM oligomycin and 1  $\mu$ M FCCP, as indicated (n = 3).

Values in (B), (C), (E), and (F) denote means  $\pm$  SD. p values were calculated by unpaired, two-tailed Student's t test (n.s. = not significant).



**Figure 6. Aerobic glycolysis reflects cellular NAD<sup>+</sup> availability**

(A) The proliferation rate of 143B cells treated with FCCP, as indicated (n = 3).  
 (B) Relative lactate excretion of cells cultured with or without duroquinone (4  $\mu$ M, 16  $\mu$ M, 8  $\mu$ M, and 64  $\mu$ M for 143B, H1299, C2C12, and PSC cells, respectively; n = 3).  
 (C) Relative lactate excretion of primary mouse T cells stimulated with anti-CD3/CD28 antibodies in the presence or absence of 250 nM FCCP for 1 day (n = 5).  
 (D) The relationship between ethanol production and proliferation rate in *S. cerevisiae* as determined by altering glucose concentration in culture medium.  
 (E) Relative ethanol production rate by *S. cerevisiae* expressing empty vector (E.V.) or LbNOX in standard medium containing 3% glucose (n = 3).  
 (F) Relative ethanol production rate by *S. cerevisiae* treated with vehicle or 2  $\mu$ M FCCP in standard medium containing 3% glucose (n = 3).  
 Values denote means  $\pm$  SD. p values were calculated by unpaired, two-tailed Student's t test (n.s. = not significant).

for NAD<sup>+</sup> and ATP contributes to aerobic glycolysis in another system, we considered *Saccharomyces cerevisiae*, a yeast in which glucose fermentation to ethanol accompanies rapid proliferation, even in aerobic conditions (De Deken, 1966). We confirmed that glucose availability can affect the proliferation rate and ethanol production in batch cultures of *S. cerevisiae*, even in aerated cultures (Figures S6F and S6G). We found a linear relationship between proliferation and fermentation rates (Figure 6D), confirming that aerobic glycolysis is correlated with proliferation in this yeast. To test whether fermentation is driven by the increased NAD<sup>+</sup> demand of rapid proliferation in *S. cerevisiae*, we assessed the effect of LbNOX expression on both proliferation and aerobic glycolysis. LbNOX expression decreased ethanol production without altering the proliferation rate (Figures 6E and S6H), arguing that demand for NAD<sup>+</sup> also promotes aerobic glycolysis in this organism, consistent with previous reports (Vemuri et al., 2007).

To test the hypothesis that an elevated mitochondrial membrane potential limits the ability of respiration to support NAD<sup>+</sup> regeneration in *S. cerevisiae*, we also assessed the effect of FCCP on both proliferation and aerobic glycolysis. In agreement with our hypothesis, we saw that FCCP decreased the ethanol production rate without altering proliferation (Figures 6F and S6I). The fact that FCCP reduces mitochondrial ATP production, as well as fermentation rates, argues that ATP synthase in rapidly

proliferating yeast is governed by the same limitations as rapidly proliferating mammalian cells. When coupled with the finding that the link between rapid proliferation and aerobic glycolysis is broken if cells are allowed alternative pathways of NAD<sup>+</sup> regeneration, these observations suggest that demand for NAD<sup>+</sup> in excess of demand for ATP drives aerobic glycolysis in diverse organisms across kingdoms of life, regardless of whether lactate or ethanol are produced as the fermentation product.

## DISCUSSION

Aerobic glycolysis is observed across species ranging from prokaryotes to specific mammalian cell types, yet a generalizable explanation for this phenotype has been lacking. The data from this study suggest that aerobic glycolysis reflects a metabolic state in which the demand for NAD<sup>+</sup> exceeds the demand for ATP to support cell function. Oxidation of pyruvate, rather than fermentation, increases the demand for mitochondrial respiration to regenerate NAD<sup>+</sup>. However, because mitochondrial electron transport is coupled to mitochondrial ATP synthesis, when the demand for NAD<sup>+</sup> exceeds the demand for ATP, insufficient ATP synthase activity leads to increased  $\Delta\Psi$  and constrains further increases in mitochondrial respiration. Thus, ATP hydrolysis, which supplies ADP as substrate for mitochondrial ATP



synthesis and dissipates  $\Delta\Psi$  produced by the mitochondrial ETC, imposes an upper limit on the rate of mitochondrial  $\text{NAD}^+$  regeneration, regardless of oxygen availability. Therefore, if the requirement for  $\text{NAD}^+$  to fuel oxidation reactions is greater than the rate of ATP turnover, pyruvate oxidation is limited and the more-reduced  $\text{NAD}^+/\text{NADH}$  ratio promotes fermentation, even if oxygen is present. These findings are consistent with a theoretical prediction that NADH generation could impair biomass synthesis in aerobic conditions if proliferation is fast enough (Fernandez-de-Cossio-Diaz and Vazquez, 2017).

Although the reactions that regenerate  $\text{NAD}^+$  do not directly provide biomass to cells, this cofactor is needed to catabolize reduced nutrients, including sugars and lipids, and to synthesize oxidized macromolecules, such as nucleotides and amino acids (Hosios and Vander Heiden, 2018). Previous work has identified aspartate synthesis as a major  $\text{NAD}^+$  demand (Birsoy et al., 2015; Garcia-Bermudez et al., 2018; Gui et al., 2016; Sullivan et al., 2015; Sullivan et al., 2018), and cells require  $\text{NAD}^+$  to support additional cellular processes, including serine and folate synthesis (Baksh et al., 2020; Bao et al., 2016; Diehl et al., 2019), histone deacetylation by sirtuins, maintenance of calcium homeostasis, and poly(ADP-ribose) polymerase activity (Cantó et al., 2015; Ying, 2008). Electron acceptor availability can restrict cell proliferation, and the  $\text{NAD}^+/\text{NADH}$  ratio has been found to correlate with tumor growth *in vivo* (Gui et al., 2016). Non-proliferating cells with high anabolic demands, such as mammalian retina pigmented epithelial cells, also require  $\text{NAD}^+$ , and retinal toxicity has proven to be a liability for drugs that target  $\text{NAD}^+$  synthesis (Zabka et al., 2015). Lastly, forced pyruvate oxidation induces  $\text{NAD}^+$  deficiency in epidermal stem cells, which can impair biomass production (Baksh et al., 2020), further arguing that demand for  $\text{NAD}^+$  can be high in some cells.

Several explanations have been proposed for the Warburg effect; many of which consider how inefficient ATP production by aerobic glycolysis is sufficient to support the high ATP demands of proliferation. The finding that uncoupling respiration from ATP production allows increased pyruvate oxidation and continued proliferation, even in the presence of oligomycin, argues strongly that the requirement for  $\text{NAD}^+$  can be greater than the requirement for ATP in at least some proliferating cells. Furthermore, the observation that increasing ATP consumption also allows proliferation, despite increased pyruvate oxidation, suggests insufficient ATP turnover can limit mitochondria respiration in cells and that aerobic glycolysis may, therefore, reflect a state of high  $\text{NAD}^+$  demand and excess ATP. The idea that ATP hydrolysis, rather than ATP synthesis, could be limiting for cancer cell metabolism has historical support (Racker, 1972; Scholnick et al., 1973), although this possibility is not considered by most studies. Nevertheless, it has been reported that some proliferating cells engage in futile metabolic cycles that consume ATP, such as fatty acid synthesis and oxidation (Yao et al., 2016), increased protein turnover (Zhang et al., 2014b), or the creatine shuttle (Kurmi et al., 2018) for unclear reasons. These futile cycles may promote ATP consumption to support oxidized biomass synthesis and could explain why increased ATP turnover involving ENTPD5 can promote the proliferation of PTEN-null cancers or why increasing the ATP/AMP ratio can result in

tumor regression (Fang et al., 2010; Naguib et al., 2018). The mechanism by which ATP consumption promotes proliferation in those contexts remains unexplained, but a model in which excess ATP constrains  $\text{NAD}^+$  regeneration by respiration is consistent with increasing ATP consumption enabling proliferation.

Although demand for  $\text{NAD}^+$  that exceeds demand for ATP can explain why some cells engage in fermentation, rather than oxidative metabolism, this model does not explain why increased glucose uptake and glycolysis are also often associated with proliferation. Fermentation is redox neutral and does not net regenerate  $\text{NAD}^+$ . In fact, the only known output of fermentation is ATP, and if excess ATP limits net  $\text{NAD}^+$  regeneration to promote fermentation, why glucose metabolism is increased during rapid proliferation remains unexplained. Nevertheless, a model in which aerobic glycolysis reflects a metabolic state in which the requirement for  $\text{NAD}^+$  supersedes the demand for ATP is consistent with the reality of this metabolic phenotype, which is best characterized by a relative increase in fermentation, rather than a complete switch from mitochondrial respiration to glycolysis. It also fits with the broad association between aerobic glycolysis and proliferation (Diaz-Ruiz et al., 2011), the link between this phenotype and nucleotide synthesis (Lunt et al., 2015; Wang et al., 1976), the continued dependence of most proliferating cells on respiration (Howell and Sager, 1979; Tan et al., 2015; Weinberg et al., 2010; Wheaton et al., 2014; Zhang et al., 2014a), and the fact that reversing aerobic glycolysis slows, rather than stops, proliferation.

Different species of yeast diverge in their response to glucose in terms of their propensity to ferment carbon (De Deken, 1966), and organisms that proliferate rapidly without engaging in aerobic glycolysis may have evolved mechanisms to prevent a mismatch in the demand for  $\text{NAD}^+$  and ATP. Of note, regulated uncoupling of mitochondrial respiration from ATP synthesis is important for thermoregulation, and these same processes could also facilitate rapid proliferation (Li et al., 2020). Although mammalian uncoupling proteins have limited tissue expression and are tightly regulated, these proteins are overexpressed in some cancers (Kawashima et al., 2020; Robbins and Zhao, 2011; Valle et al., 2010). Expression of uncoupling proteins, as well as other means to uncouple mitochondrial respiration (Bertholet et al., 2019), may support  $\text{NAD}^+$  regeneration in contexts in which  $\text{NAD}^+$  demand exceeds the demand for ATP. For example, lymphocytes can proliferate faster than most other mammalian cells and may use such an adaptive program to support proliferation, potentially explaining why we observe variability in whether FCCP-mediated mitochondrial uncoupling can enhance T cell proliferation. However, the fact that maintaining a high ATP/ADP ratio is essential for cell survival may explain why nutrient oxidation remains tightly coupled in ATP production in most cells and leads to aerobic glycolysis being engaged when the demand for  $\text{NAD}^+$  exceeds the demand for ATP.

## STAR★METHODS

Detailed methods are provided in the online version of this paper and include the following:

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## SUPPLEMENTAL INFORMATION

Supplemental Information can be found online at <https://doi.org/10.1016/j.molcel.2020.12.012>.

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## AUTHOR CONTRIBUTIONS

A.L., Z.L., D.Y.G., L.B.S., M.Z., A.N., A.A., and N.J.M. performed the experiments. B.T.D. provided computational support. C.J.T. provided critical supplies and experimental design. C.A.L. performed the targeted LCMS experiments. R.F. generated the LbNOX expressing yeast strain. S.S. and N.J.M. provided immunology advice. A.L., Z.L., and M.G.V.H. conceptualized the study and wrote the manuscript with input from all authors.

## DECLARATION OF INTERESTS

The authors declare no competing interests; however, M.G.V.H. discloses he is on the advisory board of *Molecular Cell* and is a scientific advisor for Agios

Pharmaceuticals, Aeglea Biotherapeutics, Auron Therapeutics, Faeth Therapeutics, and iTeos Therapeutics. S.S. is member of the scientific advisory board of Arcus Biosciences, Venn Therapeutics, Tango Therapeutics, and Replimune and serves as a scientific advisor for Dragonfly Therapeutics, Merck, Ribon, Torque, and TAKEDA. A.L. is a current employee of a Flagship Pioneering biotechnology start-up company.

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## STAR★METHODS

### KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
<b>Antibodies</b>		
anti-PDHA1 (phospho S293)	Abcam	ab92696; RRID:AB_10711672
anti-PDK1	Cell Signaling Technologies	3062S; RRID:AB_2236832
anti-FLAG	Sigma	F1804; RRID:AB_262044
anti-Vinculin	Sigma	V9131; RRID:AB_477629
APC-conjugated anti-mouse CD69	BioLegend	310909; RRID:AB_314844
eFlour450-conjugated anti-CD3e	Thermo Fisher	48-0032-80; RRID:AB_1272229
anti-mouse CD3e	BD PharMingen	553057; RRID:AB_394590
anti-mouse CD28	BD PharMingen	553294; RRID:AB_394763
<b>Chemicals, peptides, and recombinant proteins</b>		
AZD7545	Selleck Chemicals	S7517
Sodium pyruvate	Sigma	P2256
Sodium L-lactate	Sigma	L7022
Duroquinone	Sigma	D223204
Metformin hydrochloride	Sigma	PHR1084
FCCP (carbonyl cyanide 4-(trifluoromethoxy)phenylhydrazone)	Sigma	C2920
Rotenone	Sigma	R8875
Oligomycin A	Sigma	75351
Antimycin A	Sigma	A8674
Gramicidin from <i>Bacillus aneurinolyticus</i> ( <i>Bacillus brevis</i> )	Sigma	G5002
TMRE (tetramethylrhodamine, ethyl ester)	Thermo Fisher	T669
<b>Critical commercial assays</b>		
NAD/NADH-Glo Assay kit	Promega	G9072
ADP/ATP Ratio Assay Kit	Sigma	MAK135
TMRE (tetramethylrhodamine, ethyl ester) assay kit	Abcam	ab113852
Ethanol Assay Kit	Sigma	MAK076
Dynabeads Untouched Human CD4 T Cells kit	Thermo Fisher	11346D
Pan-T cell isolation kit	Miltenyl Biotec	130-095-130
<b>Deposited data</b>		
Raw image data	This manuscript	<a href="https://dx.doi.org/10.17632/6zpghspxgs.1">https://dx.doi.org/10.17632/6zpghspxgs.1</a>
<b>Experimental models: cell lines</b>		
Human: 143B	ATCC	CRL-8303; RRID:CVCL_2270
Human: A172	ATCC	CRL-1620; RRID:CVCL_0131
Human: A549	ATCC	CCL-185; RRID:CVCL_0023
Mouse: C2C12	ATCC	CRL-1772; RRID:CVCL_0188
Human: H1299	ATCC	CRL-5803; RRID:CVCL_0060
Human: HeLa	ATCC	CCL-2; RRID:CVCL_0030
Human: MDA-MB-231	ATCC	HTB-26; RRID:CVCL_0062
Mouse: PSC	This manuscript	N/A
Human: Primary CD4+ T cells	This manuscript	N/A

(Continued on next page)



### Continued

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Mouse: Primary T cells	This manuscript	N/A
<b>Experimental models: organisms/strains</b>		
Mouse: NU/NU Nude Mouse (Cr1:NU-Foxn1 <sup>nu</sup> )	Charles River	088; RRID:IMSR_CRL:088
<i>S. cerevisiae</i> : CEN.PK 5D (MATa ura3-52 HIS3, LEU2 TRP1 MAL2-8c SUC2)	This manuscript	N/A
<b>Oligonucleotides</b>		
sgRNA sequence targeting PDK1 #1 (5' GCTCACGTACCACTCGGCAG 3')	Horlbeck et al., 2016	hCRISPRi-v2.1
sgRNA sequence targeting PDK1 #2 (5' GACGTCCCTCACGTACCACT 3')	Horlbeck et al., 2016	hCRISPRi-v2.1
sgRNA sequence non-targeting control (5' GGGAACCACATGGAATTCTGA 3')	Horlbeck et al., 2016	hCRISPRi-v2.1
<b>Recombinant DNA</b>		
pUC57-LbNOX	Addgene	75285; RRID:Addgene_75285
pInducer20	Addgene	44012; RRID:Addgene_44012
<b>Software and algorithms</b>		
FlowJo	FlowJo	V10.6.1
Xcalibur™ Software	Thermo Fisher	N/A
Prism	GraphPad	8.2.1

## RESOURCE AVAILABILITY

### Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by Lead Contact, Matthew G. Vander Heiden ([mvh@mit.edu](mailto:mvh@mit.edu))

### Materials availability

This study did not generate new unique reagents

### Data and code availability

This study did not generate any datasets or code. Original data have been deposited to Mendeley Data: <https://dx.doi.org/10.17632/6zpghspxgs.1>.

## EXPERIMENTAL MODEL AND SUBJECT DETAILS

### Cell culture experiments

Established cell lines (143B, ATCC CRL-8303; A549, ATCC CCL-185; C2C12, ATCC CRL-1772; ATCC CRL-5803; H1299, ATCC CRL-5803; HeLa, ATCC CCL-2; A172, ATCC CRL-1620; MDA-MB-231, ATCC HTB-26) were maintained in DMEM (Corning, 10-013-CV) supplemented with 10% fetal bovine serum (FBS). For all experiments, cells were washed three times in phosphate buffered saline (PBS), and then cultured in DMEM without pyruvate (Corning, 10-017-CV) with 10% dialyzed FBS, supplemented with the indicated treatment condition. The reagents used for the cell culture experiments are as follows: AZD7545 (Selleck Chemicals, s7517), sodium pyruvate (Sigma, P2256), sodium L-lactate (Sigma, L7022), duroquinone (Sigma, D223204), metformin hydrochloride (Sigma, PHR1084), FCCP (carbonyl cyanide 4-(trifluoromethoxy)phenylhydrazide, also referred to as trifluoromethoxy carbonyl cyanide phenylhydrazide) (Sigma, C2920), oligomycin A (Sigma, 75351), gramicidin from *Bacillus aneurinolyticus* (*Bacillus brevis*) (Sigma, G5002). All cells were cultured at 37°C with 5% CO<sub>2</sub>.

### CRISPRi/Cas9-mediated repression of PDK1

PDK1 expression was suppressed using CRISPR interference (CRISPRi)-mediated transcriptional repression. A CRISPRi library (Horlbeck et al., 2016) was used to design sgRNA human targeting PDK1 (Guide 1: F 5'GCTCACGTACCACTCGGCAG 3'; Guide 2: F 5'GACGTCCCTCACGTACCACT 3') or a non-targeting control (NTC; F 5'GGGAACCACATGGAATTCTGA 3'). The sgRNA were cloned into a modified LentiCRISPRv2 plasmid, in which Cas9 was mutated to nuclease-dead Cas9 and fused to repressive

chromatin modifier domain KRAB (Krüppel-associated box) domain of Kox1 (dCAS9-KRAB) (Gilbert et al., 2013). A pooled population of stable knockdown cell lines were generated and maintained in 5  $\mu$ M/ml blasticidin.

### Generation of LbNOX-expressing cells

LbNOX-FLAG cDNA was cloned from pUC57-LbNOX using the primers 5'-GGGGACAAGTTTGTACAAAAAAGCAGGCATGAAGGT-CACCGTGGTC-3' and 5'-GGGGACCACTTTGTACAAGAAAGCTGGGTTTACTTGTTCATCGTCATCCTTGAATC-3'. pUC57-LbNOX was a gift from Vamsi Mootha (Addgene, 75285). The PCR product was subsequently cloned into pInducer20 using LR Clonase II Plus (ThermoFisher, 12538120). pInducer20 was a gift from Stephen Elledge (Addgene, 44012). A549, 143B, and H1299 cells were transduced with lentivirus containing pInducer20-LbNOX-FLAG or pInducer20-E.V. and 10  $\mu$ g/mL polybrene (Millipore, TR-1003-G). The infected cells were selected in 1 mg/mL G418 (VWR, G5005). For proliferation experiments done with these cell lines, all conditions were supplemented with 500 ng/mL doxycycline.

### Pancreatic stellate cell (PSC) isolation

PSCs were isolated from  $\beta$ -actin-GFP mice (The Jackson Laboratory, 006567) in which 3 mL of 1.3 mg/mL cold collagenase P (Sigma, 11213865001) and 0.01 mg/mL DNase (Sigma, D5025) in GBSS (Sigma, G9779) were injected into the pancreas. The tissue was then placed into 2 mL of 1.3 mg/mL collagenase P solution on ice. Cells were then placed in a 37°C water bath for 15 minutes. The digested pancreas was filtered through a 250  $\mu$ m strainer and washed with GBSS with 0.3% BSA. A gradient was created by suspending the cells in Nycodenz (VWR, 100356-726) and layering in GBSS with 0.3% BSA. Cells were then centrifuged at 1300  $\times$  g for 20 minutes at 4°C. The layer containing PSCs was removed, filtered through a 70  $\mu$ m strainer, washed in GBSS with 0.3% BSA, and plated for cell culture in DMEM (Corning, 10-013-CV) with 10% FBS and penicillin-streptomycin (P/S). Post-isolation, PSCs were immortalized with TERT and LargeT Antigen overexpression and cultured DMEM (Corning, 10-013-CV) supplemented with 10% FBS.

### T cell isolation and culture

Primary human CD4<sup>+</sup> T cells were isolated from peripheral blood by density gradient centrifugation over Lympholyte-H (Cedarlane Laboratories) and negative selection using the Dynabeads Untouched Human CD4 T Cells kit (Thermo Fisher, 11346D) according to the manufacturer's instructions. Purity was assessed by flow cytometry for CD3 and CD4 and routinely found to be  $\geq$  95%. Cells were activated using Dynabeads Human T-Activator CD3/CD28 beads (Invitrogen) according to the manufacturer's instructions and cultured in RPMI supplemented with 10% FBS and 30 U/mL recombinant human IL-2 (PeproTech, 200-02) at 37°C in 5% CO<sub>2</sub>. Primary mouse T cells were isolated from the spleens and lymph nodes of C57BL/6J mice using a Pan-T cell isolation kit (Miltenyl Biotec, 130-095-130). Isolated murine T cells were activated on plates coated with anti-CD3e (BD Pharmingen, 553057) and anti-CD28 (BD Pharmingen, 553294) antibodies and cultured in RPMI with 10% FBS (non-dialyzed), 1% P/S, 1x NEAA culture supplement (Thermo Fischer Scientific, 11140050), and 50  $\mu$ M  $\beta$ -mercaptoethanol.

### Tumor growth in mice

Two million A549 or one million 143B cells were injected into the flanks of 4-6 week old, male NU/NU mice (Charles River Laboratories, 088). A caliper was used to measure flank tumor volume in two dimensions and volume was calculated using the equation  $V = (\pi/6)(L \times W^2)$ . Length was defined to be the longer of the two dimensions measured. For the A549 xenografts, the tumors were permitted to reach a size of 50 mm<sup>3</sup>, after which the animals were randomly assigned to an experimental group and the treatment regimen was initiated. Metformin (500 mg/kg) and AZD7545 (45 mg/kg) were both administered once daily by oral gavage, with a vehicle of water and 0.5% (w/w) methocel/0.1% polysorbate 80 respectively. All animal experiments were approved by the MIT Committee on Animal Care.

## METHOD DETAILS

### Proliferation rates

Cells were plated in replicate six-well plates in 2 mL at an initial seeding density of 20,000 cells per well for all cells except for MDA-MB-231, which were seeded at 40,000 cells per well. Cells were permitted to settle overnight and one six-well dish was counted to calculate the starting cell number at the initiation of the experiment. For all remaining dishes, cells were washed three times with PBS and 4 mL of treatment media was added to each well. After 48 hours, cells were washed again three times with PBS and 4 mL of the treatment media was replenished. Four days after the initial treatment, cells were counted to obtain the final cell counts for the experiment. Counts were done using a Cellometer Auto T4 Plus Cell Counter (Nexcelcom Bioscience) or by sulforhodamine B (SRB) assay. For cell quantification by SRB, cells were fixed by adding trichloroacetic acid to culture media (final concentration of 3.3%) and incubated 4°C for at least one hour. Fixed cells were washed with deionized water and then stained with 0.057% SRB in 1% acetic acid for 30 min. Following three washes with 1% acetic acid, plates were air-dried at room temperature. To solubilize the SRB dye, 1 mL of 10 mM Tris (pH 10.5) was added per well, and absorbance was measured at 510 nm using a microplate reader (Tecan Infinite, M200Pro).

### T cell proliferation assay

Proliferation of primary human CD4<sup>+</sup> T cell and primary mouse T cell proliferation was assessed by dye dilution. Freshly isolated cells were incubated at  $1 \times 10^7$  cells/mL in PBS with 0.5% dialyzed FBS supplemented with 5  $\mu$ M carboxyfluorescein succinimidyl ester

(CFSE, Molecular Probes) or 2.5  $\mu$ M CellTrace Far Red (Molecular Probes) for 5–7 minutes at room temperature. Staining was quenched with ice-cold complete media and washed cells were resuspended in RPMI supplemented with 10% dialyzed FBS and the indicated treatment condition before activation. For human CD4<sup>+</sup> T cells, cells were expanded in fresh media containing the indicated treatment condition and CFSE fluorescence was then measured by flow cytometry after another 2 days. Primary murine T cells were expanded in fresh media containing the indicated treatment condition for 2 days, and CFSE fluorescence was then measured by flow cytometry.

### Flow cytometry of T cells

CD3/CD28 Dynabeads were removed from stimulated primary human CD4<sup>+</sup> T cells using a DynaMag-2 magnet (Invitrogen). For antibody staining, cells were incubated for 30 minutes at 4°C in PBS with a fluorochrome-conjugated antibody (mouse monoclonal APC-conjugated anti-CD69 (BioLegend, 310909); mouse monoclonal PE-conjugated anti-CD25 (PharMingen, 30795X) as indicated). For antibody staining or fluorescent dye dilution, cells were analyzed using a FACSCanto II, FACSCalibur or LSR Fortessa (BD Biosciences) flow cytometer. For mouse T cell antibody staining, cells were incubated for 30 minutes at 4°C in PBS containing 2% fetal bovine serum with eFluor780 viability dye (eBioscience, 65-0865-18) and fluorochrome-conjugated antibodies: mouse monoclonal PE-CF594-conjugated anti-CD45 (BD Horizon 562420) and eFluor450-conjugated anti-CD3e (Thermo Fisher Scientific, 48-0032-80); TMRE staining (Thermo Fisher Scientific, T669) was performed at room temperature in FluoroBrite DMEM (Thermo Fischer Scientific, A1896701) supplemented with dialyzed FBS. Stained cells were analyzed using a LSR-II or LSR Fortessa (BD Biosciences) flow cytometer. Data processing (including proliferation analysis) was conducted using FlowJo V10.6.1.

### LCMS metabolite measurement

Metabolites were measured by LCMS on a QExactive bench top orbitrap mass spectrometer equipped with an Ion Max source and a HESI II probe, which was coupled to a Dionex UltiMate 3000 HPLC system (Thermo Fisher Scientific, San Jose, CA). External mass calibration was performed using the standard calibration mixture every 7 days. For each sample, 4  $\mu$ L of each sample was injected onto a SeQuant® ZIC®-pHILIC 150  $\times$  2.1 mm analytical column equipped with a 2.1  $\times$  20 mm guard column (both 5 mm particle size; EMD Millipore). Buffer A was 20 mM ammonium carbonate, 0.1% ammonium hydroxide; Buffer B was acetonitrile. The column oven and autosampler tray were held at 25°C and 4°C, respectively. The chromatographic gradient was run at a flow rate of 0.150 mL/min as follows: 0–20 min: linear gradient from 80%–20% B; 20–20.5 min: linear gradient from 20%–80% B; 20.5–28 min: hold at 80% B. The mass spectrometer was operated in full-scan, polarity-switching mode, with the spray voltage set to 3.0 kV, the heated capillary held at 275°C, and the HESI probe held at 350°C. The sheath gas flow was set to 40 units, the auxiliary gas flow was set to 15 units, and the sweep gas flow was set to 1 unit. MS data acquisition was performed in a range of  $m/z$  = 70–1000, with the resolution set at 70,000, the AGC target at  $1 \times 10^6$ , and the maximum injection time (Max IT) at 20 msec. For detection of <sup>13</sup>C-labeled citrate, targeted selected ion monitoring (tSIM) scans in negative mode centered on 194.1985 was included. The isolation window was set at 8.0  $m/z$ . For all tSIM scans, the resolution was set at 70,000, the AGC target was 1105, and the max IT was 250 ms.

Relative quantitation of polar metabolites was performed with XCalibur QuanBrowser 2.2 (Thermo Fisher Scientific) using a 5 ppm mass tolerance and referencing an in-house library of chemical standards.

### GCMS metabolite measurement

Gas-chromatography coupled to mass spectrometry (GCMS) analysis was done as described previously (Lewis et al., 2014). Dried metabolite samples were derivatized with 20  $\mu$ L of methoxamine (MOX) reagent (ThermoFisher, TS-45950) and 25  $\mu$ L of N-tert-butyldimethylsilyl-N-methyltrifluoroacetamide with 1% tert-butyldimethylchlorosilane (Sigma, 375934). Following derivatization, samples were analyzed using a DB-35MS column (30 m  $\times$  0.25 mm i.d.  $\times$  0.25  $\mu$ m, Agilent J&W Scientific) in an Agilent 7890 gas chromatograph (GC) coupled to an Agilent 5975C mass spectrometer (MS). Data were corrected for natural isotope abundance using in-house algorithms as in Lewis et al. (2014).

### Dynamic stable-isotope labeling experiments

Cells were plated in six-well plates at a seeding density of 150,000 cells per well and cultured overnight. Prior to the initiation of the experiment, cells were washed three times with PBS, and then cultured in 1.5 mL media containing 5mM glucose and the indicated treatment condition prior to tracing glucose fate. To assess glucose fate, 30  $\mu$ L of a 1 M [U-<sup>13</sup>C<sub>6</sub>]glucose solution was added to a final concentration of 20 mM for the indicated time (ranging from 2 to 12 minutes). At each time point wells were washed as quickly as possible with ice-cold blood bank saline and lysed on the dish with 300  $\mu$ L of ice-cold 80% HPLC grade methanol in HPLC grade water. Samples were scraped, collected into Eppendorf tubes, and vortexed for 10 minutes at 4°C. Samples were centrifuged at 21,000  $\times$  g for 10 minutes at 4°C to precipitate protein. 50  $\mu$ L of each sample was collected for immediate analysis by LCMS, or the supernatant was dried down under nitrogen gas for subsequent analysis by GCMS.

### Oxygen consumption

Oxygen consumption rates (OCR) was measured using an Agilent Seahorse Bioscience Extracellular Flux Analyzer (XF24) using standard methods. Briefly, cells were plated at 50,000 cells per well in Seahorse Bioscience 24-well plates in 50  $\mu$ L of DMEM without pyruvate (Corning, 10-017-CV) supplemented with 10% dialyzed fetal bovine serum. An additional 500  $\mu$ L of media was added

following a one hour incubation. The following day, cells were washed three times with PBS and incubated in DMEM without pyruvate with the indicated treatment. Five hours later, OCR measurements were made every 6 minutes, and injections of pyruvate at 16 minutes, FCCP (Sigma, C2920) at 32 minutes, and rotenone (Sigma, R8875; 2  $\mu$ M) and antimycin (Sigma, A8674; 2  $\mu$ M) at 48 minutes. Basal OCR was calculated by subtracting residual OCR following the addition of rotenone and antimycin from the initial OCR measurements.

### Glucose/lactate excretion index

Medium was collected from cells cultured in vehicle or 0.25  $\mu$ M AZD7545 for 48 hours. Glucose and lactate concentrations were measured on a YSI-2900 Biochemistry Analyzer as described previously, and rate of lactate excretion into media was normalized to consumption of glucose (Hosios et al., 2016).

### Lactate and pyruvate excretion

Medium was collected from 143B cells cultured in pyruvate-free DMEM treated with vehicle or 200  $\mu$ M duroquinone for 48 hours, or medium was collected from 143B cells cultured in pyruvate-free DMEM expressing empty vector or *LbNOX* for 48 hours. Extracellular pyruvate and lactate were measuring using GCMS, using a labeled internal standard (Cambridge Isotopes, CLM-1579-PK), and the excretion was normalized to the proliferation rate to calculate the rate per unit growth. For H1299, PSC, and C2C12 cells, extracellular lactate was measured using a YSI-2900 Biochemistry Analyzer after treatment with the indicated amount of duroquinone for 48 hours in pyruvate-free DMEM. Lactate excretion in primary mouse T cells was measured using a YSI-2900 Biochemistry Analyzer after 24 hours of stimulation using anti-CD3e (BD Biosciences, 553057) and anti-CD28 (BD Biosciences, 553294) antibodies and cultured in RPMI with 10% FBS, 1% P/S, 1x NEAA culture supplement (Thermo Fischer Scientific, 11140050), and 50  $\mu$ M  $\beta$ -mercaptoethanol. Lactate excretion was normalized to proliferation rate as assessed by counting the cells using a Cellometer Auto T4 Plus Cell Counter (Nexcelcom Bioscience).

### Western blot analysis

Cells washed with ice-cold PBS, and scraped into cold RIPA buffer containing cOmplete Mini protease inhibitor (Roche, 11836170001) and PhosStop Phosphatase Inhibitor Cocktail Tablets (Roche, 04906845001). Protein concentration was calculated using the BCA Protein Assay (Pierce, 23225) with BSA as a standard. Lysates were resolved by SDS-PAGE and proteins were transferred onto nitrocellulose membranes using the iBlot2 Dry Blotting System (Thermo Fisher, IB21001, IB23001). Protein was detected with the primary antibodies anti-Pyruvate Dehydrogenase E1-alpha subunit (phospho S293) (Abcam, ab92696), anti-PDK1 (Cell Signaling Technologies, 3062S), anti-FLAG (Sigma, F1804) and anti-Vinculin (Sigma, V9131). The secondary antibodies used were IR680LT dye conjugated anti-rabbit IgG (Li-Cor Biosciences, 925-68021), IRDye 800CW conjugated anti-mouse IgG (Li-Cor Biosciences, 925-32210), HRP-conjugated anti-rabbit IgG (Millipore, 12-348), and HRP-conjugated anti-mouse IgG (Millipore, 12-349).

### NAD<sup>+</sup>/NADH measurements

Cells were seeded at 20,000 cells per well in six-well plates and permitted to adhere overnight. Cells were then washed three times in PBS and incubated in 4 mL of the indicated treatment media for 5 hours prior to rapidly washing three times in 4°C PBS and extraction in 100  $\mu$ L of ice-cold lysis buffer (1% dodecyltrimethylammonium bromide [DTAB] in 0.2 N of NaOH diluted 1:1 with PBS), then snap-frozen in liquid nitrogen and frozen at  $-80^{\circ}\text{C}$ . The NAD<sup>+</sup>/NADH ratio was measured using an NAD/NADH-Glo Assay kit (Promega, G9072) according to a modified protocol as described previously (Gui et al., 2016). Briefly, to measure NAD<sup>+</sup>, 20  $\mu$ L of lysate was transferred to PCR and diluted with 20  $\mu$ L of lysis buffer and 20  $\mu$ L 0.4 N HCl, and subsequently incubated at 60°C for 15 minutes. For NADH measurement, 20  $\mu$ L of freshly thawed lysate was transferred to PCR tubes and incubated at 75°C for 30 minutes. The acidic conditions permit for selective degradation of NADH, while the basic conditions degrade NAD<sup>+</sup>. Following the incubation, samples were spun on a bench-top centrifuge and quenched with 20  $\mu$ L neutralizing solution. The neutralizing solution consisted of 0.5 M Tris base for NAD<sup>+</sup> samples and 0.25 M Tris in 0.2 N HCl for the NADH samples. The instructions in the Promega G9072 technical manual were then followed to measure NAD<sup>+</sup> and NADH levels using a luminometer (Tecan Infinite, M200Pro).

### ATP/ADP measurements

Cells were seeded at 5,000 cells per well in 96-well plates and permitted to adhere overnight. Cells were then washed one time with PBS and incubated in 200  $\mu$ L of the indicated treatment media for 24 hours. ATP and ADP measurements were made using a luciferase-based assay (Sigma, MAK135) based on manufacturer's instructions. Luminescence was measured using a luminometer (Tecan Infinite, M200Pro).

### Yeast proliferation and metabolite analysis

In studies comparing the effects of *LbNOX* on ethanol production, CEN.PK 5D (MATa *ura3-52 HIS3, LEU2 TRP1 MAL2-8c SUC2*) expressing p416-TEF-*LbNOX* or p416-TEF (empty vector) were grown in log phase in YPD (3% glucose) at 30°C. At OD = 0.8, supernatant was collected and analyzed for ethanol content using an Ethanol Assay Kit (Sigma, MAK076). Rate of ethanol production

was normalized to the proliferation rate. To study the effects of FCCP on ethanol production, wild-type CEN.PK 5D strain yeast were cultured in YPD (3% glucose) at 30°C in the indicated amount of FCCP.

#### **Mitochondrial membrane potential measurement**

Mitochondrial membrane potential was assessed using the TMRE (tetramethylrhodamine, ethyl ester) assay kit (Abcam, ab113852) in nonquench mode. The concentration of TMRE in nonquench mode was determined empirically ([Perry et al., 2011](#)). Cells were plated in 6 well dishes at a plating density of 150,000 cells per well and incubated in media containing the indicated concentration of vehicle AZD7545, 500 nM FCCP, 1 nM oligomycin, and/or 5nM gramicidin D. The cells were then treated with TMRE for 30 minutes, trypsinized, washed with PBS, and resuspended in GIBCO FluoroBrite DMEM (Thermo Fisher Scientific, A1896701) containing the same concentration of TMRE supplemented with 10% dialyzed FBS. TMRE fluorescence was measured on a BD LSR II flow cytometer.

#### **QUANTIFICATION AND STATISTICAL ANALYSIS**

Details pertaining to all statistical analyses can be found in the figure legends.